



Article published on March 8th 2012 | [Health](#)

Independence. It's something we all cherish, the capability to be able to take care of ourselves, make our very own decisions, and live how and where we choose. But as we age, sometimes declining health can challenge our independence, which makes it difficult to live the life we desire. Fortunately for those of use who cherish our independence, and yet have health problems, there are emergency alert systems.

Basically, these systems are made to allow users to contact someone for help, even if they can't reach the phone. By pushing a button on a pendant, that is usually waterproof, a signal goes out and alerts someone that an emergency has happened, and help is needed right away. Now, there's two main different types of systems, and each works a little different.

The most well known type of emergency alert system is the type that is monitored. With this type of system, when the emergency pendant is activated, a signal goes to a response center, where trained professionals are on call twenty-four hours a day, 7 days a week. Once they get a signal, they then contact the emergency responders you've chosen ahead of time.

Let's say you selected your responders ahead of time, placing your son at the top of the list, then your sister, after which 911. In the event you experience an emergency and can't get to the phone, as soon as you press the button on your pendant, the response center contacts your son. If he doesn't answer, they will then call your sister, and next 911 if she doesn't answer.

Unmonitored emergency alert systems, like a medipendant work much like that too, although they aren't quite as well known as monitored systems. Unmonitored systems hook into your phone line, and then automatically starts calling your pre-programmed emergency contacts once the emergency pendant is activated. If ever the first responder doesn't answer, the system will go down the list until someone does.

Why don't we take one more look at the exact same situation we used when talking about monitored systems. With the unmonitored system, as soon as you press the button on your pendant, the response system gets a signal and begins calling your emergency numbers. If your son picks up, he's going to hear a recorded message stating you have an emergency. He then calls you back right away, and the system triggers a microphone, to enable you to let him know what is going on.

There are many different companies that offer monitored medical alarms, and each company possesses its own procedures and equipment. This is also true of un-monitored alert systems - the precise working details are going to be a bit different for every model.

Because of this, you need to do your research before choosing a system, so that you will select one that is right for your needs. Whichever type best suits your needs though, each one will assist you to keep your independence, even when health issues are a factor.

Article Source:

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Look for the best a [emergency alert](#) systems that have been protecting the elderly and at risk for decades. There are many different a [medical alert companies](#) serving types of medical alert systems so it is important to find what is right for your family.

Article Keywords:

medical alert companies, emergency alert

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