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What Effects Breast Implants May Have on Pregnant Women by [Jacintohukle](#)

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Botox is one of the most popular cosmetic procedures these days, owing to its quick results and general lack of any long-term side effects. However, just like any other medical procedure, patients would need to undergo a recovery period and endure certain short-term side effects. To avoid freaking out after getting your Botox injections, it is best to understand what these side effects are, learn how to prevent them, and know how to deal with them.

Botox is basically a medical concoction that is delivered via injection. It contains a purified protein derived from bacteria known as clostridium botulinum, or the botulinum toxin. Most people use Botox injections as an alternative to facelifts and other cosmetic procedures since it is relatively non-invasive. Remember that Botox is a prescription injection that can only be administered by duly-authorized medical professionals, so before you go to a plastic surgeon, make sure they know what they're doing.

On your first visit to a Salt Lake City cosmetic surgeon, make sure to talk to them about the possible side effects you might get. Understanding these side-effects can help you prepare for and possibly prevent them. Most of the side effects come from the act of sticking a needle in your face rather than from the toxin itself, so ask the doctor what can be done to minimize the risk of side-effects.

It is standard operating procedure for cosmetic surgeons to provide ice packs before and after the Botox procedure. This can lessen the possibility of swelling or bruising on the injection sites. If the doctor failed to provide you with ice packs, don't be afraid to ask for them.

Cosmetic surgeons that offer Botox Salt Lake City residents trust would also prescribe over-the-counter pain medications to help with the recovery. Ibuprofen, for example, can help alleviate common side-effects like swelling, bruising, and headaches.

After the procedure, you should also avoid strenuous activities for a couple of days. Salt Lake City plastic surgeons normally advise patients against exercise, lying face down, or massaging the injection areas as these will cause the toxin to travel to muscles that aren't supposed to be affected. This is why some patients report side effects like droopy eyelids.

If you experience any other side effects, or if you feel anything that may be out of the ordinary after your Botox injection procedure, contact your doctor immediately. For more information on Botox and other forms of cosmetic surgery Salt Lake City surgeons offer, you can visit life123.com/beauty/cosmetic-procedures/botox/side-effects-of-botox.shtml or realself.com/question/how-can-make-sure-botox-injection-safe.

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