Article published on June 29th 2012 | Health

The rumor mill has accustomed us with facelift, breast implants, filler, Botox along with other surgeries that have loaded several news reports being brought up everywhere. Many people are all interested regarding who had done what to their face, breasts, ears, neck, or any other part of the body you might think of. Some people say body augmentation is detrimental and promotes a poor body image; yet recent statistics demonstrate that cosmetic surgery is presently growing.

Itâ€™s not just in the typical places like Hollywood or Beverly Hills that this occurs because there is an expanding quantity of plastic surgery treatments in places such as Tampa, Florida. This begs the question of what precisely is wrong with it to start with. The industry has received plenty of criticism from the media, and its adverse effects have frequently been pointed out; then again, thereâ€™s no doubt that plastic surgery does have benefits. While it is true that there are people who lose sight of why theyâ€™re doing it in the first place, itâ€™s only a matter of perception; if a person is doing it for the proper reasons, it's pointless for him or her to feel bothered about it.

Self-esteem is usually used as the reason why people decide to have plastic surgery. Supposedly, obtaining cosmetic surgery improves oneâ€™s confidence. While this statement may provoke varying reactions, there is at least one research that appears to verify this point. According to a report on PsychCentral.com, a new study shows that having elective surgery like breast implants truly has constructive psychological effects. The cited research was carried out by Cynthia Figueroa-Haas, a clinical assistant professor at University of Florida College of Nursing. She examined eighty-four females and tested their thoughts of sexuality and self-esteem before the procedures. The research suggests that lots of females have reportedly had a boost in self-esteem and have built better feelings toward their sexuality.

Any Tampa plastic surgeon will claim that breast enhancement is one of the most common procedures carried out. More than 300,000 breast augmentation treatments are reportedly done yearly; could its supposed beneficial psychological effects have an influence on this?

Other common surgeries carried out by Tampa plastic surgeons are facelifts. A lot of people experience a loss of self-confidence because of the consequences of aging; a number of people reportedly got back that self-confidence by having a facelift. Several people have stated that they donâ€™t necessarily try to appear younger, they simply desire to look better.

Having practical expectations is what a trusted cosmetic surgeon will likely point out to their patients. If you are not realistic with your objectives, even the best plastic surgeon Tampa locals trust in wonâ€™t be able to assist you. If you need more info, take a look at psychcentral.com/news/2007/03/23/plastic-surgery-helps-self-esteem/703.html and plasticsurgery.about.com.

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Article Keywords:
plastic surgeon tampa, tampa plastic surgeon, tampa plastic surgeons

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