Article published on January 20th 2012 | Health

Use electronic cigarettes or e-cigarettes in place of real cigarettes to get rid of harmful chemicals. It will be good to use electronic cigarettes if you want to leave smoking habit. These cigarettes are operated with a battery and contain only pure nicotine. Therefore, when you smoke these cigarettes, you get nicotine hit without inhaling other chemicals. A real cigarette usually contains more than 4000 harmful chemicals and is sufficient enough to damage your lungs. These cigarettes are cost efficient and helps in saving a lot of your money. As these cigarettes are battery operated so you can use them again and again.

How it works?

In the year 2003, an electronic cigarette was invented by a Chinese pharmacist Hon Lik. These cigarettes were warmly welcome by the people and have recorded a huge demand till then. A real cigarette is injurious to health and contains more than 4000 chemicals including tar, arsenic, cyanide, carbon mono oxide and other carcinogens. But, an e-cigarette is free from these chemicals and therefore can be considered as a safe way of smoking. It is a good alternative to quit smoking and a smoker even enjoy the pleasure of smoking without actually smoking.

Electronic cigarette looks like a real cigarette and it feels like as if you are smoking a real one. These cigarettes are made up of three component i.e. battery, cartridge, atomizer.

â€¢ Battery- A battery is made up of lithium which can be charged again and an inbuilt sensor is attached with it. Sensor starts working as soon as a smoker inhales.

â€¢ Cartridge- A cartridge is filled with a soaked wadding of an e-liquid and it works as a mouthpiece.

â€¢ Atomizer- An atomizer contains a coil which heats up when a charge is sent by the battery. Coil vapourises an e-liquid and produces smoke.

Some benefits of using e-cigarettes

A single cartridge is sufficient enough to generate around 300 drags that are almost equivalent to 30 cigarettes. Therefore, you need not to refill your cigarette continuously. Thus, you can drop down your monthly bill on cigarettes up to 75%. Hence, these cigarettes are will cost you very cheap than real cigarettes. You can even use them anywhere as they are free from hazardous chemicals. You can use them in hotels, airport, and garden and even in a hospital.

If you have also set up your mood to quit smoking, you should use electronic cigarettes and enjoy the pleasure of smoking even if you have quit smoking. We assure you, these cigarettes are not at all harmful and you inhale pure nicotine when you use them. You can also try our different flavours to add more taste. To know more about our product range and prices visit www.electroniccigaretteinfo.co.uk

Article Source:
http://www.articleside.com/health-articles/use-electronic-cigarettes-or-e-cigarettes-in-place-of-real-cigarettes.htm - Article Side

Sunny Sahot - About Author:
Author is an expert in understanding the a electronic cigarette
market and its products. He can guide you about the facts of ecigarettes and help you save your life.

Article Keywords:
Electronic cigarette UK, Electronic cigarettes, E cigarette, Electric cigarette

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!