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As a popular hair removal method in Belfast, lasers are a convenient, non-invasive and safe way to minimize the growth of hair. A low energy laser beam is applied on the personâ€™s skin area to be treated. As this passes along the hair shaft, it gets absorbed by the hair follicles in the growth phase and destroys them. The procedure does not require anesthesia and barely causes any pain although some physicians apply a topical anesthetic cream to ensure patient comfort.

Laser hair removal in Belfast comes with a number of benefits, some of which are:

â€¢ Mild method which gets rid of unwanted hair from various parts of the body

â€¢ Non-invasive, which means no incisions are involved

â€¢ Large skins areas can be treated

â€¢ Practically painless

â€¢ No down time, which means you can return to your routine work right away

â€¢ Often leaves the skin looking more uniform in color

â€¢ Eliminates the need to use waxing, bleaching, shaving and other short term methods

â€¢ Any side effects such as inflammation, redness of the skin and mild pain are temporary

â€¢ Highly focused and treats an area of the skin without affecting the surrounding areas.

While laser hair removal in Belfast is usually more effective on those with light skin and dark hair, there are different types of treatments to cater to all skin and hair types.

What you can expect during laser hair removal process

The trained medical professional uses a laser that emits an invisible light. This permeates the skin and is absorbed by the pigments in the hair follicle. The light which is converted to heat, damages the hair follicle which can no longer produce hair.

More than one treatment session is required and with each session, the subsequent treatments are spaced farther apart. The duration of each treatment depends on the treatment area and is likely to range from a few minutes to an hour. For example, the lip or chin area might just last a few minutes while the leg or back might take longer, taking half an hour to an hour. The number of sessions can depend on individual factors and only works on hair in the growth phase. It cannot affect on other hair. On average, two to three sessions are required.

Tips to increase the effectiveness of laser hair removal

There are a few precautions advised by the doctor before the treatment is performed.

â€¢ Patients are usually advised against going out in the sun as tanning must be avoided a few weeks before the scheduled treatment

â€¢ Those under medication must inform the doctor so that appropriate steps can be taken

â€¢ Three days before the treatment, you may be advised to shave the area where the hair is to be removed

â€¢ After the treatment, anti-redness creams and hydrating creams are prescribed to make you more comfortable

Laser hair removal in Belfast is considered safe and effective, especially when performed by an experienced and qualified professional. It is helpful for those who have excessive hair and want a long term solution to being hair-free.

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Therese Laserase - About Author:
Laserase Medical Skincare Clinic is a leading skin care clinic for a Botox Belfast , Northern Ireland. Laserase Medical has extensive experience in treatments using a laser hair removal Belfast

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