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Severe hair loss or baldness is not a joke. It has become the most common disease irrespective of gender. Personality of a person is changed due to baldness and thinning hair. Gradually, it becomes an upsetting problem for each individual. Therefore, everyday numerous experiments are made for hair loss treatment.

Major factors behind abnormal hair loss

Alopecia or loss of hair results from several external and internal reasons. Excessive hair loss becomes a tragedy in life. If you are suddenly noticing hair strands on the floor or in your pillow, you should not be negligent towards it.

There can be several reasons behind loss of hair.

The main and primary cause behind hair loss is hormonal change. Usually, the DHT hormone can damage or weaken the hair follicles. This problem is mainly noticed among men. The less secretion of estrogen hormone can higher the DHT hormone level and causes hair loss for women.

Thyroid disorder or infections can be a key reason for hair fall.

Some researches has proved that deficiency of vitamins, nutrition or minerals can be regarded a major cause of hair fall. Low amount of vitamin B complex in diet causes the same trouble.

In some cases, medication could be a major factor for hair loss. Steroids and chemotherapy can bring rapid baldness.

Even irregular food habit, too much junk and fried food intake, hypertension, stress and insomnia are the major factors of hair fall.

Too much usage of hair styling product, blow drying damages hair.

Are you suffering from the same problem discussed above? Then you must immediately take up effective hair loss treatment for yourself.

Medical experts and hair designers are providing necessary treatment of hair loss for excessive hair fall. You can even follow natural domestic measures for preventing the loss of hair.

Meditation on a regular routine is the most effective measure that can be taken to prevent baldness.

Hair transplantation on the follicles is an advanced and modern way to get back thick hair on your bald scalp. It is of course a painful treatment and should be done by expert surgeons. It is a revolution in the field of medical science. Hair loss treatment like grow hair trioxinator does not have any side effects.

Proper balanced diet and minimum seven hours tension free sleep will give birth to new hair.

It is also necessary to live a tension and stress free life for avoiding the upsetting problem of hair fall.

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