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The various means of facial hair removal by Steven Taibu

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Facial hair removal is part and parcel of the grooming ritual for both men and women worldwide. There are numerous ways in which you can get rid of your facial hair but every one of them has a few pros and cons associated. Here is a look at the most common methods.

Especially for the upper lip and facial hair, bleaching is an option that most people turn to. It generally poses the lowest possible risk and is also quite cost effective. The only negative aspect to it is that it may not really give the perfect results in women with darker skin. It is also chemical based and can be an irritant to sensitive skin. A new growth of hair grows in around two weeks.

Shaving and tweezing are two other common methods that are very wallet friendly. Both of them come with minimal side effects. However, for men and even some women with hormonal problems, hair can come back as quickly as one day and in tweezing, the method can be really painful. Shaving can also cause rashes and in-grown hair. Tweezing is tedious, as hair has to be removed one by one. The results can last for up to three weeks. It may not always be a solution for thick growth of hair.

Women to get rid of excessive facial hair largely use waxing. It is quick and effective and takes care of large patches on the face. You could go in for the warm wax or cold wax. Apply it to the skin and pull off the cloth in the opposite direction of the growth of the hair. It is relatively low cost and the effects will last you a good two months, however there are chances that you will develop redness of the skin or in some cases bumps. Waxing can also cause the skin to sag as skin is tugged to remove facial hair.

There are a number of skin depilatories that are used such as gel, creams and lotions. There are also those that can be rolled on and applied. They have to be left on the skin for a while and then wiped off. This is painless as the creams work on the roots of the hair weakening them and allowing the hair to fall off. This is especially good for the upper lip. The only negative is that there is a chance of an allergy popping up and can cause irritability for the skin.

Threading is another very well known form of facial that is very popular in India and the Middle East. It has also become the rage in the west. Traditionally, a cotton thread is used as facial hair remover. The main disadvantage with this technique is that skin can be cut with the thread. Epicare, a revolutionary DIY device eliminates the use of the thread with it unique spring. Just Bend and Roll and facial hair is pulled from the roots quickly and effectively without cutting the skin. It is so compact that you can slip it into your purse and you can use it anywhere at your convenience. Affordable and convenient, Epicare is a must buy for keeping women looking their very best.

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