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The Risks Involved in Female Hormone Therapy by [James Blee](#)

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Female hormone therapy has attracted the attention of quite a few people in recent times, not for the benefits that it is known to render but for the potential risk involved in it. Although there is still reasonable haze over the probable risks involved, one might be wary of the chances of stroke which are thought to be far more in case of women who have taken hormone therapy than in those who haven't™. Similarly, the risk of breast cancer is higher in women who have preferred hormone replacement therapy in the past.

Apart from heart disease, stroke and breast cancer, other risks include mammograms that are abnormal and blood clots. The risks vary from one to another, especially dependent on the age. There are reasonable risks of premature menopause that lot of women face and in some cases there is large scale dilemma as to whether the risks of hormone replacement outweigh the benefits or vice versa. It is therefore a good idea to actually consult an experienced medical practitioner who can give you proper advice on the matter.

Osteoporosis caused by low bone density and hot flashes are both menopausal symptoms that can be effectively avoided or treated through hormone replacement. Thus, it depends to a large degree the kind of symptoms that you witness. These symptoms can also provide a good idea of whether you belong to the category of women who can take hormone replacement and expect more benefits than harm. The chances of uterine cancer are also high in case of some women while the chance of breast cancer might be low in those who have gone for surgical removal of uterus.

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