Article Side
The knowledge bit on e-cigs by Taddy Long

Article published on April 20th 2012 | Health

Electronic cigarettes keep stirring a storm of controversy around their being every now & then. Some call these cigarettes really dangerous for the innate dependency that they create, the rest of them swear by these electronic cigarettes calling them liberators. But to users, this divided sect of opinions creates tussle in a laymen of categorizing these electronic cigarettes under one umbrella! It is indeed difficult to know where does one park these electronic cigarettes, should one call them safe? Is it all right to consider them a healthy substitute for the real tobacco cigarettes or are electronic cigarettes an unhealthy dangerous alternative all together.

There have also been reviews that are circulating on the net that boast of an electronic cigarette being unsafe for the quality of the plastic and the vaporizer that they use. Some critics and opinion makers tell us online that these e-cigarettes are made of quality that really lacks standards and quality, therefore are hazardous for the smokers to smoke a particular electronic cigarette continuously over a period of time. But there is no documented proof to ascertain which of the two sects is more honest or makes more sense.

Where critics and medical opinion makers can never make friends with electronic cigarettes, the users are really gung-ho about vaping. Electronic cigarettes contain only 0.1% nicotine of the real nicotine level that is prevalent in the real tobacco cigarettes. Plus, it releases no smoke or harmful chemical, it also leaves no residue or tar that is detrimental to an individualâ€™s health. Thus, it makes sense to begin smoking from a source that meets your adrenaline rush, provides that instant gratification yet leaves your body healthy and free from any dangerous or harmful intoxicants.

Plus, there is yet another added advantage of shifting to electronic cigarettes. Electronic cigarettes save a lot of money for anyone in the long run. What we mean is, these electronic cigarettes run on vaporizer that hold liquid that is equal to twenty cigarettes , which is equivalent to a cigarette packet. Plus, with a controlled button you could control the amount of liquid that is released while smoking a cigarette. This helps save money in a long run, and it also helps in decreasing the craving for the tobacco smoking, thus, if one consumes twenty cigarettes in day, it gradually gets reduced to only ten and then to five cigarettes. Therefore, it is imperative that one doesnâ€™t stick around any longer to the venomous tobacco cigarettes any longer.

If life is offering one a chance, it must be grabbed and availed with both hands.

Article Source:
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Article Keywords:
e-Zigarette, eZigaretten, elektrische Zigarette, eZigarette kaufen

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