The Importance of Dental Cleaning for You and Your Teeth by Mitzie Colon

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The Early Beginnings of Oral Hygiene

It was discovered that Egyptians have been using toothpaste as early as 5000 BC, long before the invention of the modern-day toothbrush. Other cultures which also utilized an early use of toothpaste were the Greeks, Romans, Chinese and Indians. Their toothpaste was made from natural ingredients such as powdered ox hoovesâ€™ ashes, burnt eggshells, and pumice. Additionally, some common tools that were invented in order to clean the teeth were chew sticks, tree twigs, bird feathers and porcupine quills, during later periods. The first toothbrush in history was invented in 1780 by William Addis in England. The brush portion was made out of swine bristles and the handle was made out of a cattle bone. It wasnâ€™t only until 1844 that the 3-row bristle brush design came out and was utilized by a growing number. In 1857, the toothbrush design was finally patented.

Dentistry Today

Through the passing of time, the field of dentistry has been bornâ€”significantly because mankind has seen the importance of having good teeth. Today, oral hygiene forms a part of everybodyâ€™s overall healthcare.

More than just brushing oneâ€™s teeth, every person must visit their dentist regularly in order to ensure that their teeth are in good condition. Dental cleaning (professionally called prophylaxis) literally means the process of preventing disease. This is done through removing plaque and tartar, and involves other dental processes using advanced tools. Dental Cleaning protects your teeth from gum disease, cavities, and gingivitis

What Dental Cleaning Does For You and Your Teeth

Regular dental cleaning spares you many troubles. Regular dental inspection is the key to knowing whatâ€™s wrong and what could be done in order to keep your teeth healthy. Find your dentist in Waco today and ask for an appointment. Friendly dental staff members will be more than happy to accommodate you and know what they can do for you.

Dental Waco offices provide different kinds of dental services; from whitening to crowns and dentures, you donâ€™t ever have to worry about anything. Both dental problems and processes may seem troubling and confusing, but you shouldnâ€™t bother with it so much; a good dentist will take you along the process by explaining everything to you.

A good dentist in Waco will take good care for your teeth and help you avoid any dental problems in the near future. Be that happy individual who can smile everyday because of healthy teeth

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