Article published on March 1st 2012 | Health

Many smokers make a resolution on every New Year at 1st January for not smoking again. Unfortunately, before the ending of 2nd January they break their resolution as it was never made. The new coming of e cigarettes can really make them to fulfill their resolutions.

The e cigarette is called electronic cigarette, and smokeless cigarette. This cigarette is becoming popular among smokers who genuinely want to leave smoking.

This cigarette gives the feel and experience of real one. If you are talking someone at party whilst taking e cigarette in your fingers, believe it, nobody can knows that you are faking. It looks like an actual cigarette.

It is true that e cigarette feel and taste like the other traditional one, but they give zero harm to your health. The reason is simple that they donâ€™t have tobacco in them so no question of inhaling smoke or tobacco arises. You must be thinking that when it doesnâ€™t burn anything then how it gives feel of actual cigarette. The activity of inhaling also takes place in smoking the e cigarette. This activates some censor by which some kind of water vapor is released which have nicotine and propylene. Of course some kind of scent is also released that give the feel of tobacco. You should not be worried about nicotine because it is not the reason of cancer. You wonâ€™t find the cancer causing stuffs like tar and glue in e cigarette which are available in abundance in traditional cigarette.

Government cares about your health. Thatâ€™s why the government has made it legal. In some states there is fine for smoking actual cigarette in public places, but this e cigarette having no tobacco can be so called smoke anywhere and anytime.

These e cigarettes are available in many flavors like menthol, coffee and cherry. So you need not to take a toffee as you have to take after smoking traditional cigarette. Moreover this is socially acceptable and also saves your money a lot.

As the name suggests it is an electronic cigarette, so few kinds of small electronic equipments like battery can make it run for long time. And it is clear there is no second hand use of the e cigarettes. Second hand use of actual cigarette is harmful for the health.

Article Source:
http://www.articleside.com/health-articles/the-advantages-of-e-cigarettes.htm - Article Side

Vapocigarettes - About Author:

About Author:
a E cigarettes
a Electronic cigarettes
a E cigarettes Australia

Article Keywords:

E cigarettes, Electronic cigarettes, E cigarettes Australia, Cigarette smoking

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!