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Teeth Whitening Procedure in Cosmetic Dentistry can result in a Sparkling Smile by [Dentalcarenyc](#)

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Have you ever lusted for a sparkling bright smile like your favorite Hollywood celebrity? It time you check out teeth whitening procedure in cosmetic dentistry. New Yorkers have been benefitting from the revolutionary procedures of cosmetic dentistry since the last few years. AÂ cosmetic dentistry NYCÂ professional provides treatments that help to strengthen and aesthetically enhance the appearance of the teeth. Discolored or yellow teeth could be an embarrassment for an individual; however, it could be easily tackled with the procedure of tooth whitening.

There might be a variety of reasons that attribute to the discoloration or yellowing of teeth. These may include genetics, ageing, antibiotics such as tetracycline, drinks containing caffeine such as coffee, tea and red wine. It has been proven by the FDA that whitening is a better treatment compared to bleaching as it helps to restore the natural tooth color.

However, not every person is deemed fit for undergoing the tooth whitening procedure. Whitening procedures are not recommended for children under the age of 16. Lactating mothers as well as pregnant women should also give up from undergoing these whitening procedures. Dental health is also an important consideration for the whitening procedure as those suffering from sensitive gums, receding gums and sensitive teeth should consult aÂ Cosmetic Dentistry NYCÂ specialist before undergoing this procedure. Cavities, gum diseases, exposed roots and worn out enamel may not react well to this treatment. Those with deeply set intrinsic stains also do not get the desired results with the help of tooth whitening procedure.

The treatments in cosmetic dentistry involve a candid consultation with the candidate and an assessment whether the procedure is ideal or not. A cosmetic dentist uses plasma light in order to accelerate the process of teeth whitening. The plasma light coupled with a tooth whitening gel helps to provide visible results in a short span of time. It has been seen that halogen light is one of the best lasers that excites the hydrogen peroxide of the whitening agent without overheating the pulp of the teeth. It just takes about 30 minutes to an hour in order to see a visible change in the shade of the tooth color.

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The a [Cosmetic Dentistry NYC](#) specialist provides quick and effective methods of brightening smiles and preserving the oral health. Visit <http://www.dentalcarenyc.com/> for more details on the whitening procedures.

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