TCA Peel, a Medium-Depth Peel by Nicoleflourweens

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Among other chemical peels, TCA peel is a medium-depth peel that is stronger than Alpha Hydroxyl Acid peels but lighter than the deep Phenol peel. The results of a TCA peel will be less dramatic than a phenol peel but much better than the alpha hydroxyl acid or light peels.

Light or mild peel includes acids like glycolic, lactic or other fruit acids that are considered the mildest chemical peels. They produce results more superficially. If you are suffering from mild wrinkles, uneven pigmentation, or other minor skin flaws, such light peels can be your best choice. However, when the problem is deeper than the range of a light chemical peel, you have to opt for a medium-depth peel, the TCA peel. Alpha hydroxyl acid peels can be used in various concentrations, weekly or with longer intervals between two treating sessions. A TCA peel can also be used in many concentrations or strengths. However, it is found much useful as a medium-depth peel, and it should only be used with a gap of about two to three weeks between two treating sessions.

TCA medium-depth peel can effectively be used to treat fine wrinkles, pigmentation changes, freckles, acne, and other skin conditions including malasma. You may need about four to five peeling treatments to achieve the desired results. It normally works on the top skin layer or the dermis. TCA peel corrects many skin flaws and encourages the production of new skin cells. If you have to treat lines around the eyes, moth or wrinkles caused by aging or sun damages, etc, you can certainly turn to a TCA peel treatment to solve the issues successfully.

TCA medium-dept peel reduces shallow scars, and it can be taken as an effective measure to treat some forms of acne. It can both be used as a shallow or medium-depth peeling agent.

The procedure of a TCA medium-depth peel treatment can last 15 to 20 minutes or more, depending on the treating requirements and concentration of the acid. Before you go for a TCA peel treatment, you should apply a pre-peel skin care product for two weeks that makes a TCA treatment more effective and produces better results.

After TCA is applied, you will experience a warm sensation like being sunburned. This condition can be improved by applying a post peel mask. You may or may not be brought under sedation. Normally, the solution is left on the skin for a certain period of time before being washed off. The treated area looks different and act differently before you feel that your appearance is improving.

When you fully recover from the treatment, you will find your skin has become smooth, fresh, and with most of the skinâ€™s flaws either eliminated totally or reduced considerably. In order to avoid any complications of side effects and also to achieve the desired results, you have to follow strictly many instructions. For a 24 hours period after the treatment, you should not wash the face, you have to protect it from direct sunlight, you have to keep applying certain skin preparations, etc.; all the post treatment requirements will be given by the treating professional.

TCA peel is a non-toxic solution that is usually applied as an outpatient treatment. While it is associated with less side effects and risks, its relatively deeper results encourages many people to opt for a TCA peel treatment when their conditions require so. TCA of Trichloroacetic acids go very well with many types of skins and, unlike the deep phenol peel, it doesnâ€™t require many precautionary steps to be followed during and after the treatment.

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