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Because of the long latency period of asbestos-related diseases, symptoms start to appear some fifteen to forty years after the patient's contact with asbestos. It is fortunate that the mineral isn't any longer widely used in the present-day, but people who were exposed to its elements decades ago maybe suffering its effects now or within the coming years.

Asbestos was mined and began to become used in the late 1800s and was a significant component in various industries such as construction, auto, shipping and manufacturing. In the field of building, it was used to make insulation products in addition to in strengthening plastic and cement. It was also helpful for roofing, fireproofing and soundproofing. The auto industry utilized the mineral in producing clutch-plates and brake liners. Asbestos was employed for boiler insulation and steam water pipes in the actual shipping industry. It was also used in the manufacturing field to create paints, adhesives and tiles.

Asbestos mineral occurs naturally as fibers which are thin and loose. It has two subgroups specifically amphibole, which appear as straight and needle-like materials, and chrysolite, which are typically used for industrial purposes. The mineral was widely used during the decades of the 40s until the 80s due to the significant features of resistance to chemicals, heat as well as fire, as well as its non-conduction of electrical power.

Although the use of asbestos have greatly decreased, those who have been exposed years ago might not escape the risk of its poison. Those who've a high percentage of being poisoned by asbestos would be the following:

Those who worked in the construction business that built and handled materials containing asbestos.

Individuals who were directly responsible for removing asbestos-containing items.

Workers who renovated buildings and homes.

Shipyard employees assigned to renovate old ships.

Shipyard crew who took charge of wearing down and demolishing ships for scrap purposes.

It ought to be noted that not only those who had direct connection with the asbestos fibers are at high risk. Those whom they are available in close contact with, like family and friends, may are also affected through the transfer of the particles embedded within the clothing or body of the workers. The fibers are extremely tiny and light; they can easily be sent to others.

Asbestos is responsible for three major health problems namely, asbestosis, mesothelioma and lung cancer. Asbestosis occurs due to a lot of accumulated asbestos in the lungs causing it to become scarred. Mesothelioma, a rare form of cancer, is really a malignant disease affecting the thin membranes around the abdomen and also the lungs. Lung cancer is a familiar form of illness which can also be caused by asbestos poisoning.

Symptoms of these diseases begin to surface decades after the exposure actually took location. However, rare cases of severe illness may possess the symptoms appear within months, like the sudden inhaling and exhaling difficulties and persistent coughing. Note these most typical symptoms:

anemia

breathing difficulties

breathing sounds, such because crackling

chronic, persistent coughs

loss of appetite

nausea or vomiting

regular pains in the chest

shortness of inhale

swelling of the neck and face

unpredictable fevers as well as night sweats

weight loss

If any of these symptoms begin to appear, you should see a physician for correct medical advise. They may not necessarily mean you're afflicted with an asbestos-related sickness but early diagnosis is going to be very helpful. The doctor will recommend procedures to try and discover and establish the presence of asbestos within your body.

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