Switch to Organic Makeup Brands to Avoid Chemical Makeup

by JaiShree Baburam

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Beauty products and cosmetics are made to make you feel beautiful as well as healthy. Although the chemically based products make you feel beautiful, they may not make you feel healthy. Chemicals used in makeup are literally unheard of, let alone unpronounceable. Natural ingredients are what your skin requires. Most women overlook the vitality of these ingredients. Generally, organic makeup brands charge more for their cosmetics, but considering the long-term results, the cost is worth it. To balance the cost, buy organic products that you will be using frequently. Certain products such as eye shadow that are chemical wonâ€™t do much harm if used occasionally. However, whether organic or chemical, excessive makeup should be avoided whenever possible.

Protect Eyes and Skin Organically

Mineral eye shadow and foundation are becoming immensely widespread because of their organic ingredients, which offer great benefits to the tender skin around the eyes. These cosmetics contain pigments of minerals and licensed natural starch. Their texture of fine dust enables smooth application while allowing the skin to breathe. Organic eye shadow palette gives a smooth finish and a matt appearance. These are especially suitable for oily skin types. The colors of the eye shadow palette and foundations are derived from natural mineral compounds that are harmless to the skin. Harmful chemical reactions are unlikely since most of the compounds are oxidized; chromium oxide, titanium dioxide, iron oxide and zinc oxide are the most common compounds.

Protect Lips with Natural Lipsticks

Organic lipsticks are great compliments to the organic eye shadows and foundations. Besides your eyes, your lips are also made of delicate skin that requires special care. Conventional lipsticks contain unfriendly chemicals such as artificial colors, heavy metals, talc, fragrance, petrochemicals and other toxic compounds. They also strip your lips of moisture, a vital element to supple lips. Lipsticks and glosses with organic ingredients are recommended alternatives. Texture, fragrances as well as colors are formulated from natural ingredients -- although you may not be able to find a vibrant red or pink lipstick you generally donâ€™t need them too often. Choose organic lipsticks if you are going to wear them regularly. A chemically colored red or pink lipstick is fine as long as it is used rarely.

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JaiShree Baburam - About Author:
Jai Shree baburam is an experienced Content writer and publisher for Business Development. Visit at http://www.divinebeautyinstituteandcosmetics.com/ to know more about a make up foundation and a make up stores.

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