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Teeth whitening still remain a hot topic of discussion. More and more individuals now want a brighter smile. But there are some important questions that people often ask and answers to which still remain unattested. Well I have tried here to get some of them and find out what can be the

possible answers to them.

Q1: Is teeth whitening permanent?

Ans:- This is an important question answer to which everyone wants to know. Ok the answer is not so certain or a better and bold answer would be NO. No matter what a teeth whitening system promises you or what has been advertised. The fact is teeth whitening results can last variable depending on certain factors but they arenâ€™t permanent.

Ok I elaborate this fact further more. Basically teeth whitening is caused by wrong oral habits and excessive consumption of staining food products. Now if you have got teeth whitening done and you still continue with any of the above two ways, Iâ€™m afraid to say, you will soon return to those dark teeth.

With the passage of time, teeth tend to loose their shine and that is a natural phenomena and there is nothing to do with the teeth whitening system. In short I would say, I you want your teeth to stay white for a longer time, take better care for your mouth and teeth and limit the consumption of staining products like tea, coffee, wine or tobacco smoking.

Q2: Do teeth whitening damage tooth restorations?

Ans:- Well this depends on what kind of teeth whitening you are using. Generally a 10% carbamide peroxide based solution hardly do any damage to the teeth. And the issues here is not for the damage to restoration, but the fact is that tooth restorations like tooth-colored fillings, PFM crown, bonding, veneers, and bridges do not lighten. So if teeth whitening is performed that will lighten the tooth color but the restorations will stay as it. And this would bring a much odd look to your tooth restoration since they get more prominent.

Q3: Do teeth whiteners damage the nerves?

Ans:- Again a very important question but its answer will certainly relieve you. Till date no such case has been reported.

Q4: Do teeth whiteners damage tooth enamel?

Ans:- A 10% carbamide peroxide based whitening solution hardly show any damage to tooth enamel.

Q5: Does insurance cover the cost of teeth whitening?

Ans:- I know many of you would like to hear a positive response but actually the answer is NO. Dental insurances donâ€™t cover the cost of teeth whitening treatment.

Q6: What kind of teeth whitening products will do good?

Ans:- This is again a tricky question. There is no such particular definition or reference for a particular teeth whitening products. There are so many good and bad products available in the market. And you certainly canâ€™t demarcate if any among those is of inferior quality. You can consult a dentist before use or I would suggest use or organic teeth whitening products.

For a complete range of teeth whitening and oral care products visit:
http://www.impressivesmile.com

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