Smartlipo - a Pioneering Treatment to Get Rid of Excess Fat by Sara Freder

Article published on November 22nd 2011 | Health

Smartlipo is a pioneering treatment, which is quickly replacing traditional liposuction in terms of popularity and demand. Smart lipo or laser assisted liposuction was introduced in Japan, Italy, Germany and Brazil in 2000, and was then introduced to the UK by pioneering Harley Street surgeons in London in 2006. Smart lipo surgeons on Harley Street, London were highly impressed with the smart lipo concept, and realised that they could achieve even more impressive results using light suction to remove the fat that had been liquefied by the laser. Smartlipo was approved by the MHRA in the UK in 2006, the same year it was introduced and the reputation of laser assisted liposuction for being an effective, virtually painless procedure with very little down time spread quickly. Smartlipo is an absolutely cutting edge treatment that fits in perfectly with busy modern lives. Traditional liposuction involves lengthy recovery times and can result in fairly severe scarring. The fact that a general anaesthetic is required in a traditional laser liposuction procedure also adds risk to the treatment and means that a patient will need to spend more time in a hospital or clinic.

Following a Smartlipo procedure, patients are able to walk out of the clinic and return home because only a local anaesthetic or light sedation is required. When a Smartlipo procedure is performed, only a tiny incision of 1-2mm is required through which the cannula is inserted. Clearly, this means that the resulting scar is very small and as with all surgical scars will fade over time, sometimes disappearing altogether. After a Smartlipo procedure patients will need to wear a support garment for 7 days, though this time is far less that the time for which a patient would be required to wear a support garment following a traditional liposuction procedure. There is also likely to be some visible swelling and redness after a patient has undergone a Smartlipo procedure, though this ought to be gone within a week. Results of the treatment will be visible immediately, though the full effect will not be visible until 3 - 4 months after treatment. After a Smartlipo or laser assisted liposuction procedure, patients often notice that their skin is firmer and that the appearance of stretch marks is noticeably improved. A traditional liposuction procedure can leave the patient with sagging skin, however, this is not a risk with Smartlipo. Smartlipo is great for helping men and women who maintain a healthy diet and exercise regularly to get rid of stubborn pockets of fat. Smartlipo is particularly effective on women who have recently given birth as it firms areas of loose skin, as well as getting rid of excess fat.

Article Source:
http://www.articleside.com/health-articles/smartlipo-a-pioneering-treatment-to-get-rid-of-excess-fat.htm - Article Side

Sara Freder - About Author:
London medical & aesthetic clinic is UK's one of the leading clinics offers a wide range of treatment including a Smartlipo and laser hair removal.

Article Keywords:
laser hair removal, smart lipo, london medical aesthetic, laser skin rejuvenation, plastic surgery, body sculpting, smartlipo laser, cosmetic surgery, skin rejuvenation

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!