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Doctors often prescribe bio freeze for muscular pulls, back pains and strains but it has been medically proved that over application of such ointments can lead to a number of undesirable side effects that might be hazardous to the body prospects. Take a look at some of the major side effects that are caused by continuous and prolonged use of such pain relieving analgesic cream.

Illness: - This fact is in fact unknown to a big majority of consumers but it is a true matter of fact that on using biofreeze continuously for more than two to three days, it can lead to a larger number of problems to the user such as sore throat, nausea, cough, high fever as well as problems in breathing.

Skin: - People with sensitive skin might often notice that on application of bio freeze, soreness develops on that part of the skin along with allergic annoyance. In case an eruption or a rash appears and it does not vanish within fifteen to twenty minutes, immerse it in hot water blended with a cup of baking powder. If irritation persists, consult a doctor without wasting any more time.

Reaction: - biofreeze is mainly made of camphor and menthol. People who are allergic to either of these two substances experience allergic reactions on application of such forms of pain relievers.

Tainting- Being made of camphor and menthol, bio freeze is highly toxic and if consumed it can lead to severe damage to multiple organs. Therefore, if anyone accidentally consumes such forms of analgesic, consult a doctor immediately or get admitted to a hospital as early as possible as a slightest of delay can be deadly. For further details, you can refer to the web.

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For more information on a biofreeze, check out the info available online; these will help you learn to find the a biofreeze roll on!

Article Keywords:
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