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Seeing is Believing: Getting Rid of Cataracts in Burnaby BC by [Vincent Davis](#)

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It gives people the ability to recognize everything around them. The eyes act like a camera that records everything for the brain to appreciate. If it wasn't for the eyes, we could never have an idea of how beautiful a person looks like, why sunsets are something to expect, and how terrific life is. Everyone should therefore take good care of their eyes or there will be nothing available for them except for darker days.

Most people are born with perfectly healthy vision. However, vision can depreciate over time as an outcome of undesirable habits like staying for lengthy hours in front of a computer, vitamin insufficiency, and many others. In America, cataract counts among the most typical eye conditions. It is an eye disease in which the lens of the eyes turns cloudy, causing vision to blur. The lens focuses light rays onto the retina, the light-sensitive tissue at the back of the eye.

Cataract is often related to aging. People from age of 55 or older are specifically prone to the disease. However, there are examples where cataracts are currently present shortly after birth. Early manifestations of cataract include blurry vision, sensitivity to glare, dulled color vision, and problems with reading. Having cataracts can be compared to looking through an automobile's foggy windshield; everything is a blur, and it is practically difficult to watch things clearly.

Once you experience any of these manifestations, you must go to a Burnaby optometrist. Optometrists are certified to carry out eye exams, endorse corrective eyewear, and diagnose and deal with specific eye diseases. If your case surpasses their proficiency, optometrists can refer you to ophthalmologists, specialists who concentrate in eye surgical treatments. The difference between the two eye specialists is that ophthalmologists conduct eye surgical treatments while optometrists favor to exhaust all feasible non-surgical methods to minimize the problem.

Cataracts might not require surgery. Just because you have one doesn't indicate that they've to be removed right away. In the early phases, they can be adjusted by simply changing one's glasses with stronger bifocals or with the use of magnifying lenses. Unless the optometrist Burnaby residents advise suggests surgical treatment, then that's the only time to do so.

The world does seem a better place if you can view things more clearly. You have every reason to keep stepping forward and keep viewing the larger picture. With an optometrist Burnaby BC patients trust by your side, everything will become worth looking at.

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