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Safe Water is an Essential Factor to Lead a Healthy Life by [Johnstuard](#)

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To lead a healthy life the most important factor is safe and clean drinking water. In cities water provided by corporation is considered to be safe water as the water undergoes various treatments before it is being distributed to all the houses in the city. However you should be well aware of the fact that this water treatment cannot be counted as purification. Corporation makes use of chemical compounds like bleaching powder in order to chlorinate the drinking water but chlorination cannot remove all the impurities present in the water. There is a misconception that only drinking water has to be purified while water used for purposes such as washing, cleaning, and bathing should also be clean.

Polluted water is the source of the majority of the diseases. So in order to obtain pure and safe water you need to make use of water purifiers. Unsafe drinking water infuses diseases like cholera, hepatitis A, typhoid, and polio within people. You cannot see with naked eye the micro pollutants which are usually present in the water meant for drinking purpose. Ultraviolet ray cures the water of the existing impurities.

The purification technology involving the use of ultraviolet rays can purify water which contains high amount of bacteria and virus. This technology is adopted all over the world by millions of families. It is an authentic technology and is approved medically so as to get water that can be categorized as safe water.

Water can be considered to be safe water only if it involves advanced technology for purification which should be perfectly in sync with the type of water which is being treated. Areas where the water is full of micro organism or where water contains dissolved solids it is best to use the UV water purifier. This mechanism of purification uses an UV lamp, the rays emitted from the bulb deactivates the DNA of the cells of the micro pollutants so that they cannot multiply further. This happens when the water passes through it. The water thus obtained is completely safe water.

A water solution is the term which specifically means de-ionized water. For the developing nations which are suffering from acute shortage of water sustainable water solutions are considered to be the best. Mobile water solutions and sustainable water solutions in any form can be obtained by locating safe water and also by arranging complete sanitation solutions meant for the betterment of the people of that particular area. Sustainable water solutions contribute positively to draw more students to the educational institutes as it enables school students to drink disinfected water free of any germ.

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