



Article Side

Reverse the Signs of Ageing with Face Lift by [Nathan Boom](#)

Article published on July 11th 2012 | [Health](#)

Ageing is inevitable and as we age our facial skin loosens and wrinkles, as do the muscles of the neck. Weight fluctuations, heredity and sun exposure also accelerate the ageing process. Now, there are different types of solutions available to get rid of such age related problems. Face lift surgery is considered to be one of the most effective procedures to reverse the signs of aging and give back one's youthful appearance. This is also known as Rhytidectomy and is one of the most popular plastic surgery procedures all over the world.

Face lift procedure in Sydney generally takes a few hours. Under this procedure, the excess fat in your face and neck is removed, muscles underneath the surface are tightened and sagging skin is reshaped to give one a more youthful look.

Prior to face lift procedure, either local or general anesthesia is used. While general anesthesia is required for most procedures, local anesthesia is typically used for less intensive surgeries. The surgeon makes the necessary incisions to perform the Rhytidectomy procedure. The skin is lifted from the tissue underneath during the surgery. Scarring is minimal after healing as the incision is usually made just above the hairline. The surgeon begins the incision above the temple on the side of the face and then continues to the lower scalp during the typical Rhytidectomy.

Following the initial incision, the surgeon performs several different actions depending on the desires and necessity of the patient. The muscles are tightened and any excess fat or tissue is removed in most typical cases. This enhances the appearance of the skin and the shape of the face. The surgeon positions the skin back into place with stitches or staples and then wraps the affected area in bandages after the necessary surgery is performed.

Depending on what type of surgery was done, recovery from a face lift generally takes three to four weeks. Though, it's suggested that individuals considering this procedure ensure that they have sufficient time to heal with no external commitment. Actually, in the beginning it may be difficult to leave the bed. It can take up to a month to recover completely, and in rare cases, even longer. Since the incisions are made above the hair line, there will be very little visible scarring once the patient has healed. Recovering can be a painful experience, but pain killer is normally prescribed by the surgeon.

Not everyone is a good candidate for face lift in Sydney. The first criterion is the condition of the facial skin. It may help if the facial skin is loose or saggy. It also helps if the individual has a well-defined bone structure and strong jaw line. Although older ones have had successful operations as well, most people are between the ages of 40 and 60 when they have this procedure. If you looking for the best face lift surgeon in Sydney, come and visit us in Sydney, Chatswood, Parramatta. Dr Barnouti specializes in face lift surgery.

Article Source:

<http://www.articleside.com/health-articles/reverse-the-signs-of-ageing-with-face-lift.htm> - [Article Side](#)

[Nathan Boom](#) - About Author:

Nathan Boom is a freelance writer who writes useful reviews about different types of beauty enhancement techniques such as: cosmetic surgery Sydney, cosmetic surgeon Sydney, liposuction, tummy tuck, abdominoplasty etc. This piece of article provides few details on a [face lift](#). A whole lot

of details on tummy tuck procedure can be found at plasticsurgery-sydney.com.au.

Article Keywords:
face lift

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!