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Renowned Skin Care Services Offered by Day Spas

by Jacob William

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Everyone wants glowing, healthy and flawless skin, but in this age of hectic schedules, deadlines and long hours people have less time to take care of their health as well as their skin. As a result, over time they find dark spots, wrinkles and unhealthy skin. Proper skin nourishing treatments are necessary to retain skinâ€™s youthfulappeal and can help to retain the natural glow and smooth texture. It is beneficial to make time in our busy schedules to relax and let a skin care professional customize a personalized skin treatment while visiting a salon and spa.

Professional spas and salons offer distinguished heath and skin treatments that are specifically customized and modified to each persons skin types and texture. Skin nourishing treatments can help to achieve beautiful and silky soft skin anddecrease acne and the look of fine lines and wrinkles. Skin professionals and aestheticians can provide treatments to help bring back vibrant and radiant skin.

Spas and salons offer special body and skin exfoliating treatments to remove dead skin cells, stimulate blood circulation as well as eliminate skin impurities. These treatments in return make your skin tight, toned and radiant to the touch. Spa specialists offer an ideal mix of exfoliation treatments with a relaxing aromatherapy therapy to renew the tired cells and give the glow we are all looking for.

They use different types of therapies including pure aromatherapy therapy and anti-aging solutions for a perfect and shiny appearance. Customized complete body and skin care treatments can leave your skin energized and oxygenated, restoring your original smooth glow.

Some skin care services offered by day spas include:

Body Treatment

A specialty service aimed to make the body toxin free, keeping one relaxed and refreshed at all times. Body polishing, utilizing sea salt and natural oils is commonly chosen. It is designed to gently exfoliate and eliminate unwanted dead while toning the texture of the skin.

Customized European Facial

Customized to each individual, this head-to-toe treatment is the ultimate in skin care. It uses ultrasonic cleansing and exfoliation to deeply clean the pores. Other techniques incorporated include micro-currents, serums and masques that regenerate and help to improve skin health. Often times, this treatment includes an aromatherapy pressure point massage of the face, neck, shoulders, hands and feet.

Other services you may want to experience include eye care treatments, anti-aging treatment, eyebrow waxing, glycolic peel, special Dermalogica facials and other clinical skin care solutions from experienced professionalsand licensed aestheticians in these spas.

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About the Author :

The Author is associated with Virtue Salon + Spa. Virtue Salon + Spa located in Charlotte, NC features Dermalogica skin care products, a Redken and Pureology hair products. Their professional hair stylist offer full service haircut, style, color and highlights. Skin services include facial treatments, back treatments, advanced anti-aging exfoliation treatments, waxing services, eyebrow shaping, and tinting, Microdermabrasion and a glycolic peel services in Charlotte.

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