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Removing Cataracts with the Help of Optometrists and Ophthalmologists in Burnaby BC by [Vincent Davis](#)

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Sight provides people the capability to appreciate the beauty of the world and recognize everything around them. The eyes act like a camera that records everything for the mind to appreciate. If it wasn't for the eyes, we may never have an idea of how gorgeous a person looks like, why sunsets are something to be excited about, and how wonderful life is. Everyone should therefore take good care of their eyes or there will be nothing available for them except for darker days.

Most people are born with perfectly healthy vision. However, vision can depreciate eventually as an outcome of unhealthy habits like staying for prolonged hours facing a computer, vitamin insufficiency, and many others. In America, cataract counts among the most typical eye disorders. It is an eye disease in which the lens of the eyes becomes cloudy, inducing blurry vision. The lens focuses light rays onto the retina, the light-sensitive tissue at the back of the eye.

Cataract is typically associated with aging. People from age of 55 or older are especially prone to the condition. However, there are instances where cataracts are currently present shortly after birth. Early signs of cataract consist of blurry vision, sensitivity to glare, dulled color vision, and complication with reading. Having cataracts can be compared to looking through a vehicle's foggy windshield; everything is a blur, and it is virtually inconceivable to see things clearly.

In case you experience any of these signs, you must check out a Burnaby optometrist. Optometrists are certified to carry out eye exams, suggest corrective eyewear, and diagnose and treat specific eye diseases. If your case goes beyond their expertise, optometrists can refer you to ophthalmologists, specialists who specialize in eye surgeries. The difference between the two eye specialists is that ophthalmologists conduct eye surgical treatments while optometrists choose to exhaust all possible non-surgical methods to reduce the complication.

Cataracts may not require surgery. Just because you have one doesn't mean that they've to be removed instantly. In the early stages, they can be repaired by simply changing one's glasses with stronger bifocals or by using magnifying lenses. Unless the optometrist Burnaby residents advise suggests surgery, then that's the only time to do so.

The world does seem a better place if you can see things more clearly. You have every cause to keep walking forward and keep looking at the bigger picture. With an optometrist Burnaby BC patients trust by your side, everything will become worth viewing.

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