Quality Facelift Courtesy of the Most Trusted Plastic Surgeons Arizona Has by Comerford

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On one of those days where youâ€™re not busy or stressed out, you decide to take a moment to examine your face in the mirror. Your eyebrows furrow and emphasize the lines that have formed around your eyes. You touch your face, and realize it doesnâ€™t feel as smooth as it used to be. The mirror reflected the picture hanging behind you, which shows a younger you with a smoother and clearer face. You ask yourself: â€œWhat happened to my youthful skin?â€•

An aged face is the result of a combination of internal and external factors. As you grow older, the bodyâ€™s collagen that keeps your skin smooth and supple decreases. When this happens, your skin sags and causes lines to appear around your face. External factors like smoking and air pollution can also speed up the aging process of your skin.

You can cover signs of aging on your face through a procedure called facelift. This procedure, also known as rhytidectomy in the medical community, surgically removes excess facial skin. The surgeon tightens the underlying tissues and redrapes the skin over the face and neck.

If you want to undergo a facelift, make sure you schedule it at a time when you can be away from work for a long time. After the procedure, you will be asked to rest for 24 hours. The surgeon will also place dressings immediately. You cannot remove these until the surgeon specifically instructs it. This is to allow your skin to settle naturally into its new state. The dressings may be worn for up to 3 days.

You should visit the plastic surgeon AZ offers a week after your operation. During this visit, the surgeon asks how you feel and checks for any signs of complications. Your plastic surgeon may advise you to limit your physical activity within seven days post-operation. If youâ€™re travelling to your AZ plastic surgeon, you may want to let someone else do the driving for you in the meantime.

The plastic surgeons Arizona patients trust must tighten the skin in a way that it still looks natural. If the skin is too loose or too tight, the patient may end up looking older than before. Look for a plastic surgeon who is experienced with facelifts. Ask people you trust for recommendations, or browse online for reviews on plastic surgery services in Arizona.

The plastic surgeons Arizona men and women rely on can perform a facelift procedure with as little complications as possible. With proper care, you can restore your skin to its youthful glory. To know more about selecting plastic surgeons, read faceliftresources.com/surgeons.htm.

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