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Pros and Cons of Porcelain Veneers by [Cosmetic Dentistry](#)

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Having something wrong with your teeth impacts a great deal on your self confidence as when you smile everyone can see them and you often feel embarrassed. However, much can be done to restore teeth to look more even and natural. Getting porcelain veneers from a cosmetic dentist in Sydney or other large centres are a popular choice.

Dental work in Sydney such as tooth whitening only helps your smile look better if your teeth are already straight with no fillings at the front. Fillings become yellowish with age and tooth whitening products do not have any effect on them. This gives your teeth a two-tone look of white and yellow. But if you visit an orthodontist in Sydney you will be able to get that smile fixed up in no time.

Porcelain veneers from a clinic such as invisalign Sydney are long lasting and look natural, something that cannot be said for some other types of teeth covering. But porcelain reflects the light off the underneath layer the same as what happens with tooth enamel, thus giving the same look. Better still they are very stain resistant so you can still drink coffee and wine.

As with everything there are a few disadvantages, but most people do not worry about these. The fact that the procedure is irreversible does not worry them because they did not want their own teeth to be showing anyway. A small amount of tooth enamel has to be removed to fit the veneers and this sometimes increases sensitivity to hot and cold substances. This may only be temporary.

Just occasionally the veneer may break or fall off and so it has to be replaced or reglued. This risk can be lessened by a great degree by not biting on anything hard – for instance, using your teeth as a bottle opener.

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Cosmetic Dentistry expert shares some of her valuable knowledge with her readers through her articles and blogs which provide them with some much needed answers.

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