Pregnancy-related Oral Conditions and How to Take Care of Them

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Most mothers-to-be do not know that pregnancy can significantly influence their dental health. When a woman is expecting a baby, her body undergoes hormonal changes, leaving her defenseless against numerous oral health diseases such as gum disease and tooth decay. Her diet is also altered by consuming more food than she normally does, which is the primary cause of tooth decay. Additionally, morning sickness causes her to vomit. Nausea causes acids to erode the tooth enamel and results in bacterial buildup.

There are certain oral health problems that pregnant women may experience like pregnancy gingivitis, periodontal disease, and pregnancy tumors. These oral conditions need to be promptly dealt with to avoid more complex issues which put the child at risk. Usually, they can be addressed with good oral hygiene and regular visits to the dentist.

One of the common pregnancy-related oral problems is pregnancy gingivitis. It is a result of the bacteria caught between the teeth, making the gums swell and bleed. Its signs and symptoms include a loose feeling in the teeth, bad breath, and change in the personâ€™s bite. Pregnancy gingivitis may be treatable if itâ€™s recognized early, otherwise it can develop to a more serious condition such as periodontal disease.

Periodontal disease is the result of untreated pregnancy gingivitis. Its indicators involve more swelling and bleeding of the gums, persistent bad breath and tooth less. Ask any reputable atlanta ga dentist, and he will confirm that this oral condition poses many risks for pregnant women. These threats include preterm labor and underweight babies. Aside from that, some symptoms of periodontal disease can go unnoticed until they cause extreme damage. For that, expecting mothers are advised to talk to their dentist frequently for checkups.

Apart from gum diseases, pregnant women may also experience pyogenic granuloma, which is commonly known as pregnancy tumors. This disorder is characterized by an overgrowth of tissue on the gums brought on by discomfort, hormonal changes, and physical trauma. Pregnancy tumors makes it challenging for a pregnant woman to eat and speak properly. They can be safely taken out by a dentist in Atlanta Georgia even during the later pregnancy stage.

It is important for pregnant women to visit their dentists frequently to avoid the onset of these oral conditions. For example, during the second trimester, a woman should make regular sessions and practice proper oral care to reduce the possibility of acquiring these oral conditions. With the aid of a dentist Atlanta Georgia residents trust, pregnant women can be assured of optimal oral health.

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