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Most mothers-to-be do not know that pregnancy can tremendously affect their dental health. Due to hormonal changes happening during pregnancy, the mother becomes defenseless towards gum diseases, tooth decay, and other oral health issues. Her diet is also changed when she eats more food than she normally does, which is the primary cause of tooth decay. In addition, morning sickness causes her to vomit. Vomiting triggers acids to deteriorate the tooth enamel and leads to bacterial buildup.

There are certain oral health issues that expecting mothers may experience such as pregnancy gingivitis, periodontal disease, and pregnancy tumors. These oral conditions need to be instantly dealt with to avoid more complicated problems which put the child in danger. Typically, they can be treated with proper oral hygiene and regular sessions to the dentist.

Among the typical pregnancy-related oral conditions is pregnancy gingivitis. It is a result of the bacteria stuck between the teeth, making the gums swell and bleed. Its signs and symptoms include a loose feeling in the teeth, bad breath, and change in the personâ€™s bite. Pregnancy gingivitis can be treated if itâ€™s diagnosed early, otherwise it can develop to a more critical condition such as periodontal disease.

Periodontal disease is the consequence of unattended pregnancy gingivitis. Its signs and symptoms consist of more swelling and bleeding of the gums, tooth loss, and persistent bad breath. Ask any reputable atlanta ga dentist, and he will tell you that this oral condition presents many problems for expecting mothers. These dangers include preterm labor and underweight babies. Not only that, some indications of periodontal disease can go undetected until they cause severe damage. For that, pregnant women are encouraged to consult their dentist frequently for checkups.

Apart from gum diseases, pregnant women may also have problems with pyogenic granuloma, commonly known as pregnancy tumors. This problem is viewed as an overgrowth of tissue on the gums caused by discomfort, hormonal changes, and physical trauma. Pregnancy tumors can make it difficult for a pregnant woman to speak and eat properly. They can be properly taken out by a dentist in Atlanta Georgia even over the later pregnancy stage.

It is essential for pregnant women to visit their dentists on a regular basis to prevent the onset of these oral problems. For example, throughout the second trimester, a woman should make regular visits and practice proper oral hygiene to reduce the chance of acquiring these oral conditions. With the assistance of a dentist Atlanta Georgia residents trust, expecting mothers can be assured of optimal oral health.

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