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# Popular Plastic Surgery Procedures in the Bay Area

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Plastic surgery has the power to change the shape and appearance of your body. There are myriad types of plastic surgery procedures all aimed at improving your look and giving you the confidence you need to succeed in life. In the field of medicine, plastic surgery is where art and science come together.

Before having a plastic surgery procedure, you have to ensure that you are a good candidate for it. You also have to make sure that the doctor who will be performing the procedure is licensed and highly qualified. You shouldnâ€™t leave any stone unturned so that you will have a relatively problem-free procedure. Once youâ€™ve weighed your options, you can now choose from the top plastic surgery procedures listed below that are offered near you, the Bay Area.

## Laser Hair Removal

Laser hair removal is a method of removing undesirable hair from any parts of the body. Every piece of hair grows from a follicle. Laser is used to damage these follicles, preventing the growth of hair. Hair in the treated area will not grow for an average of six months, making laser hair removal a highly-effective technique, more effective than other hair removal options.

## Botox

For cosmetic purposes, Botox is injected into the facial muscles to remove wrinkles. Botox can do this by relaxing the underlying muscles of the facial skin, restoring its elasticity. While the effect is not permanent, (Botox injections last 3 to 6 months), Botox can give you a softer and more youthful skin.

## Breast Implants

Breast augmentation is a surgical procedure that enhances the features of the breast. These implants are composed of a silicone outer layer filled with either silicone gel or saline. Previously the cause of much scorn and criticism from all over, the popularity of breast implant surgery has progressively grown the past few decades because of improved safety and effectiveness in the procedure. Bay Area cosmetic surgeons know that in 2010, breast implants became the number 1 plastic surgery procedure in the region.

## Liposuction

Also known as lipoplasty, liposuction is a surgery performed to remove unwanted fat deposits from beneath the skin. The surgeon uses a suction needle to remove the excess body fat. However, liposuction is not a substitute for diet. Every Bay Area cosmetic surgeon will advise that liposuction should only be done on fat deposits that have proven to be resistant to diet and exercise.

If youâ€™re looking for highly capable Bay Area cosmetic surgery professionals, please visit aboardcertifiedplasticsurgeonresource.com/plasticsurgeon/california.html. It helps to get service from the good ones.

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