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Everyone is looking for safe, hygienic and viable techniques for removal of unwanted hair. Unwanted hair is most frequently common on the chin, cheeks, upper lip, under arms, and sometimes even fingers and toes. This could be because of a multiple factors such as genetics, medical and hormonal conditions and sometimes because of the medications one has been consuming for other related or unrelated ailments.

While there are a number of different hair removal techniques, most aren't permanent. Some of these can be employed without any professional administration while the others need expert help. Go through some of the popular techniques along with their pros and cons:

1. Shaving:

This is among the most popular and commonly employed techniques for removal of hair. The frequency of action depends on the rate at which your hair grows in the region in question. It is most commonly used for legs, arms, and facial hair in men. Many even choose to shave the pubic region, though it is known to be the cause of increased growth of hair.

2. Waxing:

Many women choose to get themselves waxed at home and even at salons. It is commonly used as a hair removal technique for hands, legs, under arms, upper lips and even the bikini area. With the use of disposable strips, it is extremely hygienic in spite of the common belief that it is relatively messy. Getting waxed by professional can make life easier for yourself.

3. Depilation Creams:

One needs to be extremely careful while purchasing an over the counter hair removal cream. For example, hair removal Vancouver experts warn you against using creams for the facial hair in your pubic area and vice versa. If used wrongly, the chemicals used to make these creams can cause superficial burns which are extremely harmful for the skin.

4. Laser Hair Removal:

This particular technique lasts the longest, and typically expects about 3 -4 sittings before you are able to completely rid yourself of unwanted hair. This technique works on the principle of destroying the hair bulb itself. This method is relatively costly, and must be conducted only by a professional. It is important that you identify a centre, technician or physician who is sufficiently trained and experienced in this field.

5. Electrolysis

Similar to the laser technique, the galvanic and thermolytic techniques of electrolysis work towards destroying the hair follicle, with heat or chemical. This also requires multiple sittings.

If it isn't a major bother for you, you could continue plucking out unwanted hair. Whatever method you choose to employ, stay conscious of possible infections and talk to your doctor every once in a while to make sure you are following reliable techniques.

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South Granville a [Hair Removal Vancouver](#) and Skin Care Centre offers many levels of sophisticated aesthetic and technologically advanced treatments including laser hair removal, spider vein removal etc.

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