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Personal Medical History Diary | My Medical History & Personal Medical Records by [Mydiary Forlife](#)

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Should technology be the only source for recording personal medical history? With fallible mistakes of human error it's beneficial. Keep appointments and visits in a My Medical History journal with all personal medical records.

The journal is creatively designed with pages and inserts to record personal medical history. It is very affordable and small in size. The journal is small enough to be carried in a jacket or purse.

Each journal includes a My Medical History page and logs to record immunizations, appointments, hospital visits and more. The journal can be used by adults, children and the elderly. Keep a separate journal for each member of a household.

Children should always have personal medical records of eye exams, immunizations, and doctor visits. Keep immunization records of children in a personalized journal. Schools request records at the beginning of every school year.

Having access to immunization records during enrollment is convenient. Parents can enroll their children with all required medical information. Without personal medical records an enrollment can be delayed.

Keeping a journal of personal medical history has its advantages. Knowing an individual's past medical history can save a life. For an example, suppose an individual is allergic to a particular medication.

Sometimes a family member or spouse may forget. When there are records in a medical history journal, the information is always available. Having the correct information available at all times can save a life and unnecessary medical expenses.

My Medical History journal is advantageous to have when changing doctors or going to the hospital. Physicians asked questions of previous medical history of family members. Blood type, medications, and previous illnesses are also included in some of those questions.

Take responsibility of your family medical record keeping with a My Medical History journal or diary. Record each family member doctor's appointments and prescriptions and keep in a safe place. The journals can be kept almost anywhere.

Personal medical records are requested by physicians, pharmacists, and hospitals. Keep a My Medical History journal in your purse or a small safe. It is small and convenient to carry.

A top company in Knoxville, Tennessee is offering creatively designed medical diaries that are cost efficient for families and individuals. Keep medical records of adults, children, the elderly parents, and babies.

It is important to keep appointments for physicals, eye exams, and immunizations. Medical diaries and journals organize and record all information pertaining to healthcare. Find all previous and current information all in one booklet.

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My Diary for Life is a published booklet and log organizer sold by the LCHAM Company in Knoxville, Tennessee. Our diary medical record keeping booklets and logs are great ways to keep your medical family history, children's vaccinations, doctor's appointments, and medications. The prices are the cheapest compared to other like products. Our diary medical booklets and logs are guaranteed with a thirty-day return policy. To learn more about My Diary for Life booklets and logs visit us online today at a www.mydiaryforlife.com.

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