



Article published on April 26th 2012 | [Health](#)

CPAP machines mainly applied by folks who are affected with sleep apnea. CPAP, which in turn refers to continuous positive airway pressure, keeps the air way opened any time you happen to be sleeping. Using one of these machines can help relieve a variety of the symptoms that are frequently associated with sleep apnea including day time sleepiness, eye sight issues, and late reaction times. Certainly, if you want to have a CPAP machine at your disposal, you will need to know how to care for it, where to get CPAP supplies, and who to contact if problems should arise that you simply cannot fix on your own.

Taking care of your CPAP machine almost certainly appears far more challenging than it actually is. Naturally, medical equipment can look considerably more imposing when you first start using it. When you get accustomed to it and figure out a little more about how it operates and how it can help you, it's not going to seem quite as formidable. Your first move you must do is very carefully read through the equipment manual. All of the information that you will ever need to have regarding your machine will be in that book.

Many times, any medical equipment which is brought into your house will be by a person whose work it is to show you the best way to set up and make use of that equipment. They should also tell you how to maintain it. Pay attention to any instructions that are given and ask questions, if you have any. Be sure to have a call back number in case any specific challenges should occur in the future.

Where may you go to get CPAP supplies for your machine? There are many different medical supply stores all over the U.S. who carry the tubing, filters, mask parts, and machine parts that your CPAP machine may possibly require. An individual can also buy these products or replacement parts through the World wide web if you have access.

Certainly, the greatest place to purchase your CPAP supplies and parts is to order them directly from the machine's manufacturer. The majority of people prefer this simply because: 1) It is actually easier to keep up with any warranty you might have, 2) the parts are made specially for your machine, and 3) you may be able to get hold of the actual components at a cheaper cost. Wherever it is that you get the parts and supplies, it is most crucial that they be set up correctly by your self or another professional and that the equipment be kept in functioning order for the patient who takes it.

Exactly what should anyone do if a difficulty really does occur? If you actually own the equipment personally, you actually should contact your manufacturer and ask them what precisely to do. They would probably send out a person to fix your personal machine or furnish a person with the proper CPAP supplies. If the issue is too severe, they might recommend a new machine.

If you are leasing the machine from a third party (a home health service, or medical equipment dealer) then you must contact them about the dilemma you are having. They, too, will either fix the machine or replace it quickly.

Keep in mind that these machines need to perform correctly in order to do their help patients. All equipment really should be sanitized, checked and maintained to the highest standards as called for by the manufacturer's instructions. Failure to do so may possibly void a warranty or even accidentally hurt a patient.

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Research shows that untreated sleep apnea can lead to heart failure, stroke, hypertension and diabetes. The most successful therapy for sleep apnea is CPAP (continuous positive airway pressure), a medical device that blows air through a nasal or full face CPAP mask and stabilizes the airway to prevent closure.

Check a [home oxygen machines](#) and a [CPAP machines for sleep apnea](#) for further information.

Article Keywords:

Home Oxygen Machines

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