Learn How Biodentical Hormone Replacement Therapy Can Assist Anybody by Phil Altman

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Both men and women suffer from a variety of unusual hormonal imbalances. Females tend to suffer from either estrogen or progesterone imbalances; whereas men might suffer from an excess or lack of the hormone testosterone. They will suffer from an imbalance of testosterone caused by pituitary gland damage and women might also suffer from issues related to diseases of the womb.

For anyone struggling with such a hormonal imbalance, the issues can have a very detrimental impact on your personal and work life and even cause a variety of difficulties with your health. For example, women with excessive amount of estrogen can be exposed to infertility, severe PMS symptoms, weight gain and increased potential for breast cancer. This is where biodentical hormone replacement therapy comes into picture.

There are a variety of causes for hormonal imbalances, including the commencement of menopause, the use of the Pill, pituitary issues, obesity and pregnancy, and even too much use of non-organic chemicals such as cosmetics and anti-wrinkle products. The most of products on the market for those suffering from imbalances are themselves made from synthetic chemicals, and in some cases this will increase the suffering of the user. Using bio-identical hormones could help someone if they have hormonal imbalance as a result of non-organic chemical use.

Symptoms of hormone imbalance may be either universal (suffered by both sexes) or gender-specific. Universal symptoms of hormonal issues include extreme fatigue, acne or skin eruptions, weight gain, loss of libido, and memory problems. For individuals with extreme imbalances, these issues may increase to incorporate Chronic Fatigue Syndrome and Fibromyalgia, anxiety and depression, and arthritic problems. Other universal symptoms comprise repeated UTIs, palpations and arrhythmia, and dry eyes and mouth. All these symptoms, regardless of how they occur, can be medicated by the proper use of a bioidentical hormone replacement therapy. These therapies can help to solve some of the more chronic symptoms suffered by such experiencing hormonal imbalance.

Some of the more specific symptoms suffered by women that can cause them to take bio-identical hormones include the first onset of the menstrual cycle, or diminished or missing periods. They are often connected to a loss of progesterone, which wont be changed in traditional HRT.

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In order to make sure that both hormones are provided, it is a sensible idea to use a bioidentical hormone replacement therapy, that would comprise both estrogen and progesterone in the treatments. This permits the body to synchronize these replacements with the standard hormonal cycle. For more details go to the website a http://www.thehealthychoice.net today. The Healthy Choice specializes in compounding customized medications and Bioidentical Hormone Replacement Therapy to fit each patient's individual requirements. It believes in treating the whole person and the integrative approach to health care gives doctors and patients cutting edge alternatives to mainstream treatments.

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