



Article Side

Laser-Assisted Liposuction Techniques Used by Arizona Plastic Surgeons by [Comerford](#)

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Not everyone has the body to match the standards of Miranda Priestly from *The Devil Wears Prada*, and though you may be dieting and exercising every day, there are just those pockets of fat that won't go away. The best solution from there then is liposuction, but the thought of people cutting you open isn't the most attractive. There is a middle ground, however, and it is called LipoLite.

LipoLite takes away the invasive part of liposuction by using lasers to help remove fat deposits in your arms, abdomen, thighs, and just about every other part of your body. This procedure has revamped the whole liposuction industry because now, there is no need for massive incisions or giant tubes that suck out the fat. LipoLite works by making a small incision and sticking a straw-like tube in it. The laser liquefies that fat through the tube, and the liquefied fat is then siphoned out.

How does this differ from traditional liposuction?

Because LipoLite is less invasive than a traditional liposuction procedure, this means less trauma and faster recovery time. There would also be less discomfort and less risk of complications because of the precision of lasers. LipoLite also encourages the development of collagen, which results in firmer skin, as opposed to the flabby skin that sometimes results from traditional liposuction procedures.

Can anyone get LipoLite?

At the moment, LipoLite is limited to small pockets of fat in the body. So for those who need to remove a lot of fat, it might not be the best procedure for you. People with certain blood and autoimmune conditions are also advised against getting this procedure.

How long is the treatment?

In most cases, one session that lasts from thirty minutes to an hour per fat pocket is enough. Most people can also return to their jobs or school a couple of days after the procedure. Your Arizona liposuction surgeon would let you know in case you have special needs regarding recovery.

How long before I see results?

Immediately after the procedure, if done by a competent Arizona liposuction surgeon, you will see the results. Don't protest, though, if you don't see a lot of changes. The result will become most apparent when the body has had time to get used to the change in your contours, which is about two months after the procedure.

The cost of laser-assisted liposuction Arizona cosmetic surgeons do would depend on the doctor's individual charges and your needs, but it usually ranges from \$1500 to \$8000. For more information, you can visit sites like [LipoLiteContour.com](#) or [LaserLiposuctionTips.com](#).

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