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Jessner Peel Procedure by Nicoleflourweens

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Jessner peel is designed to treat wrinkles, fine lines, sun damages, etc. Such skin flaws can be treated with this peel provided they arenâ€™t of relatively deeper nature. When the skin irregularities are more superficial, better use any peel lighter than Jessner.

Like any other chemical peel, the right Jessner peel procedure has to be followed to ensure you get better results. However, a Jessner peel treatment should not be attempted at home and has to be left to the professionals. Skin care professionals know very well how to treat the skin with a chemical peel, what is the Jessner peel procedure, how to apply safe, and what precautions has to be taken after the treatment.

Pretreatment Jessner peel procedure includes treating the skin with Retin-A once every night for about two weeks prior to the treatment. This is to unclog the pores and bring any existing acne to the surface of the skin where it can be treated in a much better way. Donâ€™t be alarmed if the acne appears worse due to this pretreatment step. Moreover, this pretreatment would make the skin more sensitive, and you have to protect it from the sun by wearing a sunscreen.

Jessner peel procedure starts with applying a glycolic cleanser to the skin to remove oil from the skin. This is necessary to ensure proper and deeper penetration of the peel. Once the area is cleansed properly, the Jessner solution will be applied by using a 2â€• x 2â€• gauze stip. The treatment needs some layers to be applied one after the other. The number of layers required in your case depends on the conditions to treat and will be decided accordingly by the dermatologist. He may apply two or three layers or more.

During the applications, the eyes have to be protected against the solution otherwise, damage to the eyes can happen. When the solution is applied and left on the skin, you will experience slight burning sensation, which is quite normal and there is no need to worry about. This discomfort can be relieved by blowing cool air fan over the treated area, and it will be done for your comfort. When all the layers are applied and the solution is left on the treated area for a certain time, normally 10 minutes, the solution will be neutralized and cool water is used to wash the treated area to make it free from the applied acid. If needed, a calming mask will be applied over the treated area. This ends the main procedure of Jessner peel.

As you can note that the Jessner peel procedure is not a complicated matter, and it can end fast. Once the procedure of Jessner peel ends successfully, you have to start remembering what post treatment care you have to take. It is essential too; otherwise, you wonâ€™t be getting the desired results. Follow each instruction given by the treating dermatologist so that you get the expected results and prevent any complications.

The procedure of Jessner peel doesnâ€™t end here, just a Jessner peel session has ended but not the complete treatment. You have to undergo several such sessions to complete the treatment.

Other applications of Jessner peel has to be done with certain spacing between two treating sessions. The dermatologist will inform you of the next treating date, donâ€™t miss it if you want to have the desired results.

Once the treatment completes, the results will be evident on the treated area. The skin will become youthful, healthier, well toned and free from many flaws. If deeper marks or scars arenâ€™t gone complete, they will fade considerably.

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Dr.Nicole Flourweens is Skin Care expert for the last 8 years. To help your skin look younger and treat your skin imperfections please visit a jessner that is liked by most people. Please visit a jessner peel to know about the necessites you need take pre and post the peel.

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