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Importance of Blood Samples in Human Life by [James Blee](#)

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A healthy mind lives in a healthy body but sometimes this healthy body suffers from diseases and in order to detect the causes, symptoms and remedies for the same, blood testing is required. Blood tests help the doctors to assess the health condition and also look for various risk factors associated with certain diseases. These blood samples are also beneficial in checking the blood cholesterol level and accordingly warning the patient regarding heart ailments.

But sometimes this blood test is also meant to diagnose the root cause of your illness so accordingly your treatment can get started. If you have a long-term illness then blood samples are used to analyze the progress of your condition and change in the treatment procedure if required..

Blood samples are obtained from various blood vessels like capillaries, veins and the arteries and this collection depends upon the quantity of blood required and the purpose of the test. The samples of blood are generally collected by doctors, nurses or phlebotomist and are used to test the blood glucose levels..

In most cases, these blood samples are taken using a hollow needle attached to a syringe from a vein. In adults, the vein located inside of the elbow is used while in children this sample is taken from veins on back of hand or foot. Blood samples can even be collected by piercing the skin on the fingertip or on the heel if only a drop or two is required..

Blood testing is essential and whenever your doctor suggests for blood sampling do take it seriously, as you might either be suffering from some disease which can be detected at an early stage or you might get prone to some health risk hazards in near future.

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