Article published on April 2nd 2012 | Health

Hip replacement is a surgical procedure which is generally carried out when the parts of the hip joint are diseased or damaged and need to be replaced. The procedure involves parts of the hip joint being removed and replaced with new, artificial parts to relieve pain and help improve mobility.

There could be a number of reasons that promote the wearing down of the hip joint. The effects you may feel may include persistent joint pain, stiffness, and swelling, loss of mobility etc. Prior to going for the surgery, your doctor may try other medications in addition to some physical therapy. He or she may also advise you to use a cane. If these therapies work and achieve the purpose, then surgery may not be needed. Personally, I have always felt that one should always be very careful when the question is of artificial parts.

Hip replacement is an option to be considered if persistent pain and disability interfere with your daily life. Before a doctor recommends the surgery, however, the joint damage should be visible through x rays. The doctor may also suggest corrective surgery that is less complex than the former. The goal of this surgery is to restore the joint to its correct position, which helps to distribute weight evenly in the joint. The procedure may also help some patients to recover.

However, the process can take anywhere from 6 months to a year.

In the past, hip replacement surgery was only considered when the patient was over 60 years of age. Generally, older people are less active and therefore put lesser strain on the artificial hip than do younger, more active people. In recent years, however, doctors have found that the surgery in question can be very successful in younger people as well.

New technology has improved the age of artificial parts, allowing them to withstand more stress and strain. However, one should consider factors other than age of the person in determining the success of the replacement in the overall health and activity level of the patient.

Over time the techniques used in hip replacement have also undergone change. There is the traditional hip replacement and anterior hip replacement. Both these approaches can be applied on almost all patientsâ€™ and are just as successful. Technology has allowed smaller incisions with lesser scarring and lesser pain too. The time period taken by the surgical and the recovery process has also been reduced.

Article Source:
http://www.articleside.com/health-articles/how-you-should-look-at-hip-replacement.htm - Article Side

Welcome123 - About Author:
a Direct hip replacement Michigan

Article Keywords:
Direct hip replacement Michigan, Orthopedic surgeon Michigan, resurfacing of hip Michigan

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!