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So you've decided you'd prefer a fat transfer (usually known as "fat graft") procedure.

Regardless of whether it's for aesthetic reasons or reconstructive ones, one thing is for sure - you want the best fat transfer plastic surgeon looking after you.

With plastic surgery, the effects are visible right away after the operation. Because of this, it's fundamentally necessary you seek a doctor who could execute the procedure with the best level of skill. An expert surgeon could work with you if it involves planning the procedure, and then perform it specifically as planned, leaving no scope for any surprises.

In today's article, we'll take a closer look at such an increasingly popular procedure.

The Process - Are You Eligible?

The general plan of a fat graft is easy: take fat from one part of the body and redistribute it to an area that requires it. From this easy process, it's easy to fix a large number of issues. Additionally, because of the overall simplicity of the process, healing happens relatively quickly making certain you're off the operating table and back living your life in a extremely small time period.

The best doctors for plastic surgery in Manhattan may do a fat injection procedure on virtually any part of your body. The most common area is the face, however this can be a fantastic procedure on different areas as well.

So are you eligible? A fat graft could be a surgical procedure, which means you ought to be in good physical and emotional health before considering it. Additionally, you must be in a position to manage your expectations regarding the results.

The fat graft will enable you to improve the appearance of few parts of your body, however it isn't a magic pill for an improved life. For that reason, bear in mind that although the surgery will probably offer you a huge boost in confidence, what you do with that boost in self-esteem is entirely up to you.

The "Mommy Makeover"

A fat transfer plastic surgeon could help correct problems with reconstructive surgery, but he could also help you achieve a specific look with aesthetic surgery.

Currently, one of the most common types of aesthetic surgery will be "mommy makeover." Basically, with this surgery, you can almost erase the toll childbirth and raising kids has taken on your appearance. In addition to smart liposuction, breast augmentation and tummy tucks, fat transfer body sculpting procedures are often made to minimize facial aging and give you a new and well relaxed appearance. With an expert fat transfer plastic surgeon at the helm, you'll be well cared for and in love with the finished product!

Locating a Surgeon

Thus, irrespective of your reasons for surgery, you need to get the surgeon who's right for you.

How to do it? Well, probably the simplest way is to look at their credentials. With plastic surgery in

Manhattan, there are a huge number of surgeons to pick from, but not all of them have excellent credentials - not all of them have a good reputation.

Seek for public options on the surgeon you're looking into. For example, Dr. Diktaban has been featured in Castle Connolly's "Best Plastic Surgeons in New York," and the New York Times "SuperDocs of New York," simply to name a few. These awards are proof of a career of brilliance. What a feeling to be able to relax before your surgery, knowing you're being cared for by among New York's best.

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Dr. Theodore Diktaban, a board certified plastic surgeon and certified otolaryngologist, has worked for years ground-breaking techniques of minimally invasive liposuction. In around 30 years of practice he has performed a lot more than 20,000 procedures and brings an expertise to each and every patient's care not available in many practices. He carries out low-fat injection body sculpting at his offices in New York City for patients from all round the tri-state region as well and nations throughout the world. Contact him at a <http://www.drdiktaban.com> for a private consultation to see if a [Fat Transfer Procedure](#) is an option for you.

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