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Eyes are precious and the most sensitive of our sense organs. For these senses to remain intact and keep serving you for the entire life, they need special care and pampering. Despite our efforts, eyes have a natural way of getting weak due to several factors, the main being age and heredity. Cataract, weak eye sight are common problems faced by people that require surgery or wearing glasses/lenses for rectification.

For certain people eye problems crop up very early in life and the trend has become more common with the television and computer viewing contributing to the same.

In general and among people with normal eye sight, the lenses in our eyes remain flexible and are able to focus on close and far off objects simply by fluctuation in their size through contraction and expansion. This ability to contract and expand slows down as we cross the age of 45 years as the proteins in the lens break down and make the vision blurred, the condition thus arising is called cataract.

In such a scenario, even the best ophthalmologist in india, advise for a cataract surgery to rectify the problem. Besides cataract, there are some other problems that may result in you going for glasses and lenses for improving the vision. Some people even opt for surgeries in order to get rid of the glasses and lenses.

LASIK: LASIK (Laser assisted in-situ keratomileusis) is one of the latest advancement in the field of eye surgery. In this procedure, the patient has to spend a very brief time with the surgeon for the actual procedure as it can be completed in 20 to 30 minutes with the patient being able to go home the same day after surgery. The procedure is done under the effect of topical anaesthesia with the cornea getting rectified with the help of a laser beam.

Even the best eye surgeons in India do not recommend a LASIK surgery for people below the age of 19 years as they are considered in a stage where eyes are still in the process of growth and development internally.

Finding the best eye surgeon in India to suit your needs and budget becomes the first priority when you have been advised a surgery.

Gurgaon being a hub of IT professionals has seen a growth in the number of people developing eye problems and an equal number of them opting for LASIK procedure to do away with the option of glasses and lenses. In order to rectify their vision problems, such IT professionals and others have a daunting task of finding the best LASIK eye surgery in Gurgaon.

There are several options available, and besides word-of-mouth, another way of finding hospitals providing LASIK eye surgery in Gurgaon is through the internet and opt for the nearest and the one suiting your requirements.

LASIK is being opted for by many, for the ease in the procedure and shorter recovery time of about two to three days in which you can go back to work.

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[Devid Hussain](#) - About Author:

Devid Hussain is an expert author who writes on various topics with an interesting pitch. Get more information about a [Eye Surgery in India](#) at best a [Laser Eye Surgery in Delhi](#).

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