Get Rid of Unwanted Fat through Liposuction by David Shelton

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Liposuction is one of the most effective and popular cosmetic surgery procedures. The process is also known as Lipo. In this operation, areas of the body such as the stomach, buttocks and thighs, fat is removed resulting in weight loss and a slimming effect to the contours of the body.

To get an idea of how dramatic the effect can be, you need to look at some lipo before and after photos. In people who tend to put weight on in a particular area, the liposuction surgery is most effective, as it will actually reshape and resculpt the body. To remove pounds and slim the figure all over, it can also be used in several places around the body.

Beforehand, the patient and the plastic surgeon decide the areas to be worked on. Then the targeted areas are manually marked. Depending on the size of the area to be treated and the overall fitness of the patient, the procedure may be performed under local or general anesthetic in Sydney private hospitals. Local is preferred for smaller, less extensive treatments, as there is always a risk to general anesthetic. Before undergoing any cosmetic surgical procedure in Sydney, it is always important that the candidate is in good health and before the procedure; this will be assessed by Sydney cosmetic doctor. For two months before surgery, patients must also not smoke as this can cause complications.

A date for the cosmetic liposuction procedure is arranged after the candidate and surgeon discuss the process so the candidate is aware of what to expect from the cosmetic surgery. A consent form will be signed by the patient on the day of the surgery and he will be given antibiotics. For the patient to compare after the procedure, a liposuction before and after photo is taken. Within the same day, general recovery usually takes place but compression bandages must be worn for a few weeks after the operation.

Before deciding to undergo treatment, it is important that anyone considering plastic surgery educate himself or herself about the procedure. Rather than having an unrealistic view of what the surgery can achieve, to get an idea of what is possible, a good way to start doing this is to look at liposuction before and after pictures on the internet. In combination with a healthy diet and exercise program, the best results of lipo are achieved program, which your cosmetic doctor should advise you on during your initial consultation.

For this procedure, not everyone is eligible. Before opting for liposuction, several health factors are considered. The patient must be over 18 years of age, should be following a balanced diet, in good health and regular exercise regime. For the procedure, persons suffering from heart ailments, diabetes or any kind of infection are not eligible.

Complications can arise and things could go horribly wrong, even though the liposuction procedure sounds simple and harmless. Allergies, infection, skin damage and fluid imbalance are most common complications. During surgery, if an internal organ is punctured, it could be fatal. Therefore, a highly experienced cosmetic surgeon is required for this procedure.

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David Shelton is a freelance writer who writes useful reviews about different types of beauty enhancement techniques such as: Liposuction, lipo, nose job, rhinoplasty, cosmetic surgeon Sydney. This piece of article provides few details on a liposuction. A whole lot of details on how to get a a lipo can be found at plasticsurgery-sydney.com.au.

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