



# Article Side

Get Relieved from Heavy & Dowdy Glasses by [Julia Roger](#)

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We all know what Glasses are! More often they are referred as spectacles, specs or eyeglasses. Ordinarily, they are prescribed by optometrists to correct eye disorders such as myopia, hyperopia, astigmatism, and presbyopia. Some also use them as protective measures; yet others may use them simply as fashion statement. To be sure, glasses are no longer as heavy or dowdy as they used to be. Today, the frames are mostly made out of lightweight material and lenses too are resistant to breakage or scratching. Therefore, if you have eye problem there is no reason why you should avoid using them.

It is however essential that you use glasses on the advice of an optometrist only because different disorders require different types of lenses. For instance, for myopia, or far sightedness people generally need convex lenses. Contrarily, for hyperopia, where the distant objects appear clear, but things which are much closer, seem very blurred, one must have convex lenses. Presbyopia too requires convex lenses, but you must not confuse hyperopia with it; the later is a condition where the eye progressively loses its ability to focus on near objects with age. Indeed, if you have already crossed forty, you may have already contacted presbyopia and are in need of Reading glasses to be able to read even a line.

Today, you have wide choices of such reading glasses. If you spend a great deal of time concentrating on material close-up, you must use full reading glasses; but the problem with such glasses is that if you try to look up, everything will seem blurry. Then there are half-reading glasses, which allow you to look at reading material through them and rest of the world over them. In bifocal glasses, the lens has two distinct parts; the upper one is generally used for distance vision, while the lower one is used for near vision. However, if you want the segment line eliminated, you can opt for progressive reading glasses

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