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Get a Hollywood Smile with Cosmetic Dentistry by Marlena Tillens

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Ever wondered why Hollywood stars have great white smiles? It's no secret for people in Hollywood to have undergone certain cosmetic treatments to attain such beautiful smiles. But individuals like you don't need to walk the red carpet just to get cosmetic treatments for your own perfect smile. With the proliferation of cosmetic dental services around, you are sure to find one that suits your needs best.

No doubt cosmetic dentistry is on the rise. Cosmetic dental treatments not only help people attain their dream smile but also help regain their self-esteem. Indeed, having that pleasant smile makes other people like you more confident in social gatherings or other interpersonal get-togethers. Here are some cosmetic services that you can choose depending on your dental needs.

Teeth whitening. This procedure is also called teeth bleaching which aims to whiten teeth caused by discoloration or staining. Teeth discoloration can stem from several factors such as smoking, drinking or eating teeth-staining food (like tea or cheese). Whitening can be done either at home or at the dental office. In the former setting, whitening is done by applying over-the-counter products like whitening strips or gels; while the latter setting uses laser technology and more advanced chemical treatment.

Veneers. This material is a thin porcelain or composite shell that is cemented in the tooth's surface. This material is used to mask any teeth imperfection liked crookedness, misalignment or discoloration. Veneers have a typical storage life of about one to three years depending on maintenance. While saving for more permanent cosmetic treatments, you can opt for veneers.

Bonding. If you have suffered from chipped, cracked, or misshapen teeth, then getting a bond would be good. This is a cream-colored durable plastic that is applied to the tooth to harden. The ultraviolet laser light makes the resin-like material "bond" to the teeth. Dental surgeons like the cosmetic dentist Indianapolis residents recommend then trim the bonded material and shape it according to your teeth's overall appearance. Resin materials are good alternatives to silver or amalgam fillings.

Implants. This is a metal device that is meant to replace a missing tooth. The device is usually made from titanium and is implanted in the jawbone by surgical means. Unlike dental bridges, implants are permanent and act as a tooth root. If you have a missing tooth and want a permanent replacement, you can ask your Indianapolis cosmetic dentist for more details.

Having these cosmetic dental treatments do wonders for one's teeth. You shouldn't necessarily try all of them, however. Consequently, you can visit websites like dentistry.about.com and consult dental experts like an Indianapolis dentist on which enhancements can be good for your teeth.

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