



Article published on April 3rd 2012 | [Health](#)

The first meeting with a cosmetic dentist provides a chance to interview and assess her/him before engagement. It also provides an opportunity to discuss with her/him what displeases you about your mouth, teeth and smile. You and the cosmetic dentist can establish practical expectations for your treatment. Use the meeting to compile records crucial for developing an accurate and unique treatment plan to achieve your needs.

Records to Compile

Dedicate some time to compile enough and appropriate records. The following records are useful;

- o A complete intraoral inspection and assessment of any existing dental restorations previously performed.
- o X-rays (Radiographs)
- o Impressions of the lower and upper teeth
- o Intraoral photographs
- o Review smile design online articles and books which show a variety of before and after photos of different cosmetic dentistry treatments
- o Check various tooth sizes and shapes to find appealing ones
- o Discuss tooth color
- o Use a computer simulations to evaluate your smile and comprehend what features can be changed and how

Staff

Meet the patient coordinator. He has the important task of assisting the cosmetic dentist to schedule appointments and follow-up care. See the cosmetic dentist's office manager and discuss financing or payment methods they use. Consider options that will help you manage treatment cost since dental insurance may not cover cosmetic dentistry. Some cosmetic dentists have in-house payment methods. Assess payment plans provided by dental treatment loan providers.

Consultation Considerations

Cosmetic dentistry results are largely determined by the skill of the dentist. Much care should be exercised while deciding on a qualified cosmetic dentist even during initial consultations. Consider your feelings on the ambiance of the cosmetic dentist you are visiting. Her/his chair-side manners should be pleasant. The staff should be welcoming, friendly and quick to respond to enquiries. Cosmetic dentistry treatments take time. It is thus important that you are able to have an understanding with everybody in the dental clinic London.

Details

The cosmetic dentist may present a plan for treatment and diagnosis at consultation stage. Request her/him to provide detailed information. Try to comprehend the diagnosis and recommended realistic treatment options. Be certain that you are completely comfortable with how thorough and detailed the explanations are presented. This will assist you to make a reasonable decision about the treatment. The cosmetic dentists may take tooth impressions for dental bridges and dental crowns during the consultations in the dental clinic London.

Materials

The cosmetic dentistry treatment plan should state the materials for use in the restorations. It should also indicate how long the restorations can last and maintenance required to sustain the benefits. Teeth whitening, for example should be redone every three to six months. The actual durability depends on the method employed. You should put on a mouth guard when sleeping for the veneers to last long. Dental bridges and dental crowns require very little maintenance.

Laboratory Technician

Most cosmetic dentistry restorations are prepared in the laboratory at the dental clinic London. They include dental bridges and dental crowns. Ask the laboratory technician what arrangements are in place for such treatment. Check if the laboratory technician and ceramist are accredited to a credible dental body or Certified Dental Technicians. The technician should have enough experience and handled similar cosmetic dentistry procedures in the past.

Article Source:

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Pendragon Health, a leading a [Cosmetic Dentistry](#) clinic, situated in London, UK. We have an excellent team of cosmetic dentists who provide the highest level of patient care.

Article Keywords:

Cosmetic dentistry, Cosmetic dentist, Cosmetic dentistry London, London Cosmetic Dentistry, London cosmetic dentist, cosmetic dentist London