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Aging does take its toll on our looks as we develop wrinkles and lose fat and volume giving us a sunken, old look. Volume loss results in an older appearance but now thanks to advancements in science and technology, a procedure called fat transfer takes care of the problem very effectively. To fight wrinkles too, processes like photorejuvenation and pelleve are highly recommended and are very much in vogue.

Fat transfer is known as micro-lipo injection, fat injection and facial fat rejuvenation. It is a natural and safe process which gives excellent results in giving back volume to the body in the right places. The areas where fat transfer shows the most dramatic results include hollow cheeks, sunken temples, smile lines, deep frown lines, acne scars, skin depressions, thinning of lips and a small chin. The process involves removing the extra fat from other parts of the body and injecting it into the portions where there has been a substantial volume loss.

Since this treatment utilizes the fat present in your own body and no external material is used, the risks are almost negligible. Fat transfer is done under local anaesthesia and takes about 2-3 hours. It is a totally safe non-surgical procedure which can be done even during office hours and there is no risk of allergies or any other adverse side effects. It gives a natural, smooth looking appearance unlike in other surgical procedures.

To fight wrinkles, pelleve has been found to be very good. It is the latest skin-tightening method which uses radio waves to remove wrinkles and tighten the skin. Very advanced radio waves heat the deep layers of the skin precisely leaving the epidermis of the skin untouched. This heat makes the collagen in the skin tighten and contract. Post treatment, the skin begins to develop new collagen which firms up the skin giving it a youthful appearance. Pelleve does not require anaesthesia or any other type of skin cooling so patients can walk out immediately after the treatment. For many, results are visible just after a single session and the effects last up to six months.

Photorejuvenation is a non-invasive method of smoothing and clearing your skin. Unlike chemical peels and microdermabrasion, photorejuvenation does not remove the facial tissues. Chemical peels use chemicals which burn away the top layer of your skin while microdermabrasion uses diamond-tipped wands to polish the uppermost layer of your skin. Both these methods can leave your skin feeling highly sensitive and tender and also cause reddening of the skin. Since photorejuvenation is non-ablative, which means that it does not remove the skin, it causes less pain and side-effects like reddening of the skin. The recovery period too is faster. Scarring of the skin, acne, pigmentation, tiny wrinkles, broken capillaries and other small blemishes can be treated very effectively through photorejuvenation.

Beauty treatments have always been around but with advancing technology the techniques (fat transfer, photorejuvenation and pelleve) have taken a huge leap forward resulting in safer and more permanent and effective outcomes.

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[Edmund Brunetti](#) - About Author:

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