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Enhance the Look of Your Neck with Neck Lift Surgery by [Julia Roger](#)

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When you are young, your skin appears taut, supple and line free but with ageing, you start noticing a difference in your skin texture. Neck is said to be a prominent place for developing wrinkles or skin loosening. How would your neck look with loose hanging skin that has lost its elasticity? You would definitely feel ashamed of going for parties and get together. Whether its band lines, excessive fat or loose skin neck lift surgery can bring back that younger looking skin which you have lost. Now you would love attending social gatherings and show off your beautiful neck adorned with stunning necklace or pendant.

There are a variety of ways in which this surgery can be performed depending upon the requirements of patients. Liposuction, cervicoplasty and platysmaplasty are some of the treatments which can be used for tightening the neck muscles and skin. Though there is no ideal age for this treatment but you should be healthy both physically and mentally to go in for this procedure. You need to talk to your plastic surgeon about your goals and expectations and whether you would be the right candidate for this neck lift plastic surgery. Your doctor would first review your medical history and would accordingly suggest you with a suitable treatment plan.

This procedure can either be an inpatient or an out-patient depending upon your requirements. This also lasts for only a few hours and is completely reliable. If you undergo Liposuction for the removal of excess fat then an incision is made below the chin to remove the excess fat deposits. These deposits are removed by inserting a small cannula beneath the skin and into the fatty tissue. This cannula breaks up the fat and removes it from the neck area. But care must be taken to reduce pain and the risk of infection. You also need to limit your physical activity and exercises for quite some time.

Whichever surgery you opt for you also need to choose a good surgeon who is experienced and proficient in the task so that your surgery proves to be fruitful. You also need to review the preoperative and post operative instruction list provided by the doctor so that your healing process is quick.

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