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Caring for your child's teeth should start during infancy because the teeth are susceptible to decay as soon as they emerge from the mouth. It is very important to start dental checkups at an early age to encourage your toddler to observe proper oral hygiene. Doing this will also help your child develop an optimistic attitude towards the dentist as he grows up.

Child dental care has been around since time immemorial. Children need proper tending too when it comes to oral hygiene, not just adults. It's important for a child to visit the dentist regularly to prevent any tooth decays and ailments in the future. In fact, your child should start having regular checkups as soon as his first birthday.

The most difficult part about children's dental care is encouraging their children to visit the dentist. There are a lot of reasons why a child becomes frightened with a dentist. It could be dental phobia because the child may have heard horrendous stories about dental procedures gone wrong. You have to explain to your child that the world of dentistry is not that bad and that the dentist can be a child's friend. You have to be with your child in every step of the way so that the latter will learn to value what the world of dentistry is all about.

There are a lot of things you can do to encourage your child into visiting the dentist. The Atlanta dentistry association recommends bringing him every time you go in for a checkup, to let him become familiarized with the staff and the dentist as well. It's also recommended that you have a "play dentist" routine every week so that your child will have an idea on how things transpire during a dental visit.

According to some dentists, like the Atlanta dentistry association, you have to avoid using the words "hurt" and "needle" as this will create a bad understanding on your child. These words can have a traumatic effect to children, so it's best to use more subtle words. You can also ask your dentists to show you the procedures in dental treatment, so that in turn, you can explain it thoroughly to your child in a friendly manner.

Lastly, if your child has a few dental questions in mind, never hesitate to answer them honestly and in a sensitive manner so that they'll be thoroughly educated on the world of dentistry. Atlanta dentistry suggests that the key to a child's dental health is proper prevention and orientation at a very young age. Visit childrensdent.com for more information about child dentistry.

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