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Does Ovarian Cyst Can Harm Your Pregnancy and Baby? by [Lejoan Manghay](#)

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Having an ovarian cyst during your pregnancy is nothing to worried. Base on statistics it is very rare condition to have ovarian cyst and pregnancy at the same time and most of the time it is benign ovarian cyst which is easy to removed and most of the times it just disappear on their own. Benign cyst are thinly walled and filled with harmless fluid and is not dangerous.

The doctor will first monitor your ovarian cyst from time to time until you are in second trimester of your pregnancy. Doctor will observe you and will never advise immediate surgery because you are pregnant unless the cyst is so large and cancerous. Cancerous ovarian cysts develop only to about 1 from 25,000 pregnant women base on records.

It is a common situation to pregnant with ovarian cyst is to have ruptured or burst ovarian cyst, which do not interfere with pregnancy or labor, nor will it pose threat to the baby. Rupture cyst may cause excruciating pain and discomfort during the later periods of pregnancy. Women under labor can still be given anesthesia and there are many pain relievers that can be given to ease the pain without negative effects on both mother and child.

If a cyst becomes too big and twists, it will have to be surgically discharge. Even if a operation will not affect the child and cause any strain on the pregnancy, operationally removing large ovarian cysts during pregnancy is not recommended unless a rupture happens. On the other hand, ovarian cysts larger than 6 through 8 cm are often operationally removed only if they spontaneously dissolve over the course of time.

When a pregnant woman is diagnose to have ovarian cysts, doctors will perform an ultrasound along with other tests just to assure that the cysts are not cancerous. Ovarian cysts during pregnancy are extremely benign and in supreme cases where rupture exist, natural cure are available.

There are natural method on how ovarian cyst can treat when pregnant like by changing what you eat and a whole other bunch of lifestyle factors that add to the hormonal fluctuations that are the main cause of cyst occuring and growth. The food and drinks we intake to our body is the most contributing aspects in growing ovarian cyst.

Operation can't make a absolute removal of ovarian cyst because it may grow again if you didn't a your lifestyle. Proper knowledge and education is the better method to prevent ovarian cyst to grow again. It doesn't only help you avoid from having ovarian cyst again but also may enhance your overall body condition. All women should have the education about this ovarian cyst even if they don't have it yet.

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Lejoan Manghay is the person behind the website [cystovarian.com](#) that is a resource site for different information about ovarian cyst like a [ovarian cyst common symptoms](#), a [ovarian cyst natural treatment](#), remedies, dermoid cyst, cyst and pregnancy, types of benign cyst and other

useful information to help ovarian cyst patient.

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