Article published on December 23rd 2011 | Health

Bad skin can be attributed to a variety of things, those being genetic inheritance, bad weather, or simply poor hygiene.Damaged skin or skin diseases can be attributed to a many things such as genetic inheritance, bad weather, or poor hygiene to name a few. Skin tone differs from person to person and knowing and being comfortable in one's own skin can lead to lifelong rewards.

Chronic acne can be a manageable life solution. The catalyst for acnw is dry skin, and for those who suffer from acne usually suffer from skin that is either too dry or not dry enough. This can be prevented by not overdoing the routines of daily hygiene. Here's a very useful dermatology tip, splash your face with cold water before washing with warm water, and after washing, splash with cold water once more. This ensures that the sensitive pores will be closed during agitated rinsing, thus minimizing the affects of sensitive skin. If washed too roughly or frequently, it might lead to chapping and scaling of skin. The loose skin particles will cause more breakouts than from dirt or bacteria.

Remnants of chronic acne appear in the form of unsightly scars and might lead to keloids. Keloids are lumps of damaged or dead tissue that look like cysts. Mostly inactive, keloids sometimes tend to spread and persist on their own, sometimes even without the presence of acne. There is no sure topical solution in the removal of keloids. Oral treatment is required for this.

The recently approved Accutane helps to lessen the appearance of keloids; though it works indirectly by minimizing the sebaceous glands that irritate the skin. For direct treatment of keloids and cysts, an injection of cortisone is the most prescribed method by Dermatology professionals. Cortisone triggers a reaction in the immune system that helps the body fight inflammatory ailments. Once injected, its affects can take as long as a few days to fully work. The lumps may still persist, but injections help to soften them, thus making it easier to gradually heal.

Chemical peeling is also considered invaluable in the treatment of acne scars. Scarring typically affects the outer epidermis, and peeling it away to reveal the newer, untouched skin is aesthetically affective. However, peeling should only be done after the acne has subsided and little keloids remain. Peeling will expose new, sensitive skin, thereby increasing the potential for infection; any presence of acne will no doubt raise that risk.

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In the long term, lotions and body oils will lead to unbalanced skin if used improperly, especially excessively. They supply the body with more oils, and excessive body moisture is a common cause for acne and other topical conditions. Know your body before investing in expensive topical solutions. For those suffering from chronic acne and keloids, recent research indicates that the oil extracted from the emu bird contains nutritional properties that aid the skin in healing, as opposed to simply eliminating germs and excess oil.For latest on Dermatology and a Dermatology Jobs, visitwww.dermbuzz.com.

Article Keywords:
Dermatology Jobs

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