



Article published on August 3rd 2012 | [Health](#)

Many people have moved on to contact lenses for better vision while there are still many who prefer to wear the Glasses instead. Not every person is aware of the differences that are present between these two objects that have both their advantages and disadvantages. Here are a few comparisons between these two objects that will help you to take better decision when it comes to buying and using one of them.

1. As the contact lenses uk are worn in the eye it is much easy to carry them. They do not need any support and can help you with your distant vision, unlike glasses who need to be adjusted every now and then.
2. When you wear glasses the complete surrounding is not visible. To see the sides you need to turn your head, but wearing lenses help you with a complete vision.
3. Glasses have edges which may make your mind restless and might often lead of headache. Again reflection is very common with spectacles as these reflections harm vision. Contact lenses UK does not reflect neither do they have edges that will keep you on alert.
4. Glasses put on weight in your face and they need adjustment. No matter what activity, the spectacles need adjustments after regular intervals. Lenses do not have such problem. They do not put on any weight on you, neither do they need any adjustment.
5. When you are looking for style and vision together, spectacles are not the correct ones as they lack in variety, but contact lenses UK do. They come in variety, colours and price ranges.

These pointers will help you make the right choice. Eye is vital to the body and, therefore, making the right choice is most essential. Visit an optometry centre or online stores to see the wide variety of choices and deals available for you.

Article Source:

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Article Keywords:

Glasses, contact lenses uk