Contact Lens - Preventive Measures by Julia Roger

Article published on July 10th 2012 | Health

If you keep forgetting your glasses everywhere then it is better to switch over to contact lens, which you would no longer need to carry along with you, as they would be fixed in your eye. Completely comfortable they also correct your vision problems and are reliable. However, before wearing the lens do ensure to get your eyes examined by the doctor so that they are healthy enough to wear lenses. Depending on the prescription, you might go in for soft lens or rigid lenses. There are also few eye diseases, like Astigmatism, in which the use of lens is recommended by doctors.

These lenses are used for the control of nearsightedness or farsightedness and it is highly advisable to wear them after the surgery so that the cornea can heal quickly. You need to be careful while applying the eye makeup when you are wearing Contact lens so that it does not stick to the lens and because any eye irritation therefore uses only non-allergenic makeup. As cream eye shadow is less likely to get in your eye than powdered ones but the creams can also irritate your eyes in case they get within hence prefer using water-based rather than oil based creams. In case you wish to use powder then keep your eyes closed until you have finished applying and then brush off the excess powder.

Do not apply eyeliner between your lashes and your eye as it might harm your eyes and lenses. Apply the liner only on the portion of the lashes, which is well away from the eye. While removing the eye makeup wash and dry your hands first and then remove your contacts. Replace your eye makeup frequently as using the old one since long might develop bacteria which might get into your product and then into your eyes causing infection. Do not share your eye makeup with anyone as in such situations the infection or bacteria from otherâ€™s eye might enter yours through the makeup.

Be careful while using makeup when you are wearing lenses. Immediately remove your lenses if you experience eye discomfort, excessive tearing, vision changes, or redness of the eye. Always use clean, sterile, and fresh lenses to overcome the problems of eye infection.

Article Source:
http://www.articleside.com/health-articles/contact-lens-preventive-measures.htm - Article Side

Julia Roger - About Author:
For more information on a Contact lens, check out the info available online; these will help you learn to find the a contact lens!

Article Keywords:
Contact lens

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!