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Consulting an Online Doctor about Flu Season Myths by [Andrew Brown](#)

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Flu season coincides with the arrival of the fall and winter seasons. Many myths about the flu arrive with the flu season. Rumors about the flu fly around at an uncontrollable rate and have blurred the lines on what the flu really is and what flu symptoms are really factual.

“There are urban myths and rural myths about the flu,” says William Schaffner, MD, chairman of the department of preventative medicine at Vanderbilt University’s School of Medicine in Nashville, Tenn. “Flu myths are everywhere.”

Consult an online doctor to avoid the germ filled waiting rooms and long waits for appointments if you believe you have any flu symptoms. Online doctor consultations are able to avoid the hassle of appointment scheduling and are a less expensive alternative to urgent care facilities. Online health professionals offer individuals, families, and groups online medical consultations with board-certified specialists and licensed doctors while giving you access to real, professional advanced healthcare information regarding influenza and a variety of other diagnoses.

Common myths and misconceptions regarding influenza can affect how you react to your condition and what symptoms you look for when determining whether or not you have the flu. Run-of-the-mill seasonal flu can be a serious condition. The flu is not just a very bad cold, congestion or a cough. Body aches and a fever commonly accompany real influenza. While most people who procure actual influenza recover, the number of people who die or are hospitalized from influenza rival those who die from breast cancer each year.

Making sure to get an online medical consultation from an online doctor service is important to your health over the fall and winter seasons. Traditional brick-and-mortar health facilities cannot offer the convenience of online medical advice and will cost more due to overhead cost and markup. You can receive feedback from a doctor within minutes of your call or website visit. Doctors are accessible any day, any time with no wait. Both informational and diagnostic medical consultations are available by telephone. Informational medical consultations are also available by email.

Enrolling in a medical plan for healthcare treatment is an added benefit and cost effective way to receive online medical treatment. Consult a doctor on your time, in your home, and on your budget. Board-certified specialists and licensed doctors will give you peace of mind the next time you need a quick diagnosis and treatment for the flu or any other general medical advice.

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